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November 2026 • Issue #72 • **FREE**

MAHA: A Post-Mortem

By James Corbett | CorbettReport.com

Make America Healthy Again (aka “MAHA”) is dead.

In truth, it’s probably been dead for a while, but the death certificate records the day of its demise as October 15, 2026. That’s when Health and Human Services Secretary Robert F. Kennedy Jr. stepped up to the microphone and extolled the virtues of measles vaccines.

“We’re having a global measles outbreak right now. It’s all over the world, and the measles outbreak is occurring because so many people went unvaccinated during the Covid pandemic. And this is something that Anthony Fauci, in fact, predicted. He said, ‘We’re going to kill more people from measles than we save from Covid, as we’re shutting down measles vaccination programs.’ So now, six years later, we’re seeing that population. We have a global outbreak.”

That the man who once warned about the dangers of childhood vaccines is now blaming the measles outbreak on a lack of vaccination is only surprising to those who haven’t been paying attention to Kennedy’s actual statements on this issue over the years.

So, what is the relationship between RFK Jr.’s vaccination stance and the stance of his supporters? Is this a betrayal of the MAHA movement? And, if so, what other “Make America Healthy Again” promises have been broken in the past two years?

Read on to find out!

The Betrayal(s)?

Kennedy’s “surprising” measles vaccine endorsement *shouldn’t* be so surprising to anyone who actually listened to what candidate Kennedy was saying on the campaign trail in 2024. He has *always* been careful to stipulate that he “isn’t against vaccines” and that the measles vaccine *is* effective.

In fact, as Derrick Broze pointed out at the time, “The Most Important Moment from RFK Jr.’s Confirmation Hearings” was when he told Elizabeth Warren: “Senator, I support vaccines. I support the childhood schedule.”

To be fair to RFK Jr., it is not logically inconsistent to say that a vaccine could be effective for its intended purpose—e.g., for preventing measles infection—but not safe. It’s just that the vast majority of Kennedy’s supporters and those who eventually signed on to the MAHA coalition that helped put Trump in office do not

share this “effective but dangerous” belief about vaccines, so to hear Kennedy yet again articulate this viewpoint *feels* like a betrayal.

And if that feeling of betrayal is uncomfortable, then MAHA supporters better brace themselves for a lot of discomfort. As it turns out, **RFK Jr. has betrayed—or,**

form, and to call you to act on our policy goals.

While the centerpiece of the MAHA and health freedom agenda has been removal of mRNA shots, you have failed to take decisive action on this front despite overwhelming credible evidence to [sic] the harm of this technology. Instead, your policies related to mRNA technology are neutered and self-defeating, putting pregnant women and children at risk, misleading parents and eroding their rights, and failing to help those harmed by vaccines.

“If you continue to ignore our central issue of removing the mRNA platform, the MAHA and health freedom movements will withdraw their support of you, and you will face the political consequences.”

MAHA’s sense of disappointment in and betrayal by Kennedy’s mis-leadership is not limited to the vaccine issue.

Indeed, it’s hard for his one-time supporters to process the fact that the same RFK Jr. who once won a historic \$290 million lawsuit against Monsanto over its cancer-causing glyphosate-based weed killer is the same RFK Jr. who has defended a Trump executive order that will boost glyphosate production.

And the same RFK Jr. who has warned about the health effects (and privacy violations) of wireless tracking devices is encouraging Americans to use wireless tracking devices to monitor their health.

Of course, those who continue to support the political MAHA movement in general and RFK Jr. in particular point to the progress that *has* been made in the health space during HHS Secretary Kennedy’s tenure.

They note, for example, that under Kennedy’s leadership, the FDA has “limited COVID boosters and updated shots mainly to high-risk groups rather than broad recommendations for healthy adults and children” and has started an “internal FDA re-evaluation of the CDC/ACIP schedule.”

Or they point to RFK Jr.’s recent keynote speech to the Children’s Health Defense Conference, in which he vowed to get to the bottom of the chemtrail phenomenon, as a sign of his continuing devotion to the “Make America Healthy Again” cause.

They’ve even sought to set the record straight on these apparent betrayals. For instance, RFK Jr.’s former chief speechwriter, Charles Eisenstein, asked Kennedy



President-elect Donald Trump, Robert F. Kennedy Jr., Elon Musk, Donald Trump Jr., and House Speaker Mike Johnson share a McDonald's meal aboard Trump's private jet in November 2024, days after Kennedy called Trump's campaign food “poison.” (photo via Donald Trump Jr/X)

at the very least, seemingly betrayed—his MAHA base many times over the past two years.

On the vaccine front, MAHA activists have been let down time and time again by the new HHS Secretary and the supposedly MAHA-friendly health agencies like the Food and Drug Administration (FDA) and the National Institutes of Health (NIH) that are nominally under his control.

Both FDA head Marty Makary and top FDA executive Tracy Beth Høeg were forced out of their positions earlier this year, shortly before the FDA approved Moderna’s new mRNA flu vaccine. That approval came despite the FDA’s own briefing document showing that recipients of this new mRNA monstrosity were four times more likely to experience a severe systemic reaction to the jab than those who received the regular (dangerous as it is) flu vaccine.

So incensed were MAHA activists by this mRNA vaccine approval that a gaggle of the movement’s most prominent voices signed an open letter to Kennedy expressing their disappointment in his failure to live up to his campaign promises.

As influential leaders within the MAHA and health freedom movements, we are writing to object to policies under your oversight related to the mRNA plat-

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I Hear You

By Jacqueline Heim

I recently **volunteered at the Allison Inquiry on Parliament Hill in Ottawa** for all four days, Sept. 8–11, 2026, listening to testimonies from covid-injection-injured Canadians and expert witnesses who provided context for those testimonies: allisoninquiry.com

What struck me was the **courage it took**; every witness had a range of pain and discomfort in that moment that would cost them days in bed to recuperate from, yet they stepped up to the mic and told their story. The impact of what they have suffered and continue to live with showed in the emotion in their voices and on their faces as they spoke. Each story was unique, yet the same in its physical and emotional toll and injustice. For four full days, we were together in this **safe space filled with support, love and empathy** as they opened their hearts and we listened.

By day three, the inquiry was **trending 7th globally on X**. It was a moment in history we had all been hoping and waiting for, representing and connecting with the millions of like-minded and/or injured people all over the world. We were together, even if not all physically. It was an example of the **power of deep listening—empathy**—that can only foster connection, which in turn fosters healing. I saw how much coming together and being heard meant to the people there. One witness told me, *“Having people that understand you helps a lot.”* It helps us all.

On a personal level, it was important for me to be at the inquiry. Four years ago, in 2022, **my father had a heart attack the day after his Moderna booster** and his health slowly deteriorated. He died three months later, on September 8. I couldn’t report his adverse event because his doctor wouldn’t sign the papers. He became yet another lost statistic, an **unrecognized, unacknowledged human being** who quietly succumbed to the toxic jab with nobody knowing except a small circle of family members.

A few months later, I wrote the following piece. My



grief hadn’t started with my father’s death. I had been hearing stories of injury from the covid injection by people on my travels, on social media, in documentaries, through organizations like ukcvfamily.org or real-notrare.org, which has since folded, and the **depth of injustice** surrounding the censorship and denial of acknowledgment of the injured and the waiving of liability of the pharmaceutical companies moved me to write.

I thank all the people from the bottom of my heart who made the effort with sheer determination and will to cross the country and get to Ottawa to speak, because I know how important that was. For all of us. **Millions of us are listening and watching.**

I devote this to all the people I have met who have told me their story of covid shot harm, to all the loving witnesses at the Allison Inquiry, and to all those who haven’t, or never had a chance to speak:

I Hear You

You have been in my consciousness for a long time now. **I know you are there, and I see you.** I want to acknowledge you, all the people—alive and dead—the millions of people who agreed to get the covid mRNA shot and have suffered adverse reactions and injury, often extreme. I hear your story, another life often irreversibly changed, your old life unreachable now, and **my heart breaks a little bit more each time.**

For many of you, **your soul didn’t want to take the shot**, but your mind agreed; you couldn’t afford to lose

your job, you had a family to support. You had bills to pay, even though you knew deep down it didn’t feel right. You couldn’t handle the pressure around you, the name-calling and the guilt-tripping from a society you saw label, shame, and ostracize those who chose health sovereignty.

For others, **you had no idea of the risk because you were not told.** Your basic goodness was manipulated when you agreed to the shot because you thought you were doing the “right” thing, yet **there was no informed consent**, and now you suffer the consequences. You thought you were getting a vaccine.

I know you are out there, and you do too, in spite of the fact that you may not find a doctor or health practitioner who is brave enough, awake enough, fearless enough to connect the dots, but **you are the ultimate authority over your body.** You know. My father knew.

Your friends and even family may have abandoned you, not believing you when you say you have been injured by the shot. I hear how that feels. We have

been listening to your stories for many months now, stories from all over the world, and **I have not abandoned you.**

At the local community level, you are also revealing yourself. In my very home, I heard you. The corrupted legacy media has tried to prevent us from knowing you exist, but **we know you are there**; your stories are getting through regardless; more of us recognize your reality; your voices are getting louder; **you speak for those who no longer can.**

I stand with you as we collectively **never give our consent to let this happen again**, as we collectively extricate ourselves from a health “care” system that is self-imploding and learn to take care of each other in another way, to listen to our soul next time without fear of judgement or penalization and re-create compassionate, inclusive, preventative true health care approaches that honour the deep intelligence of the body to heal. I know you feel very alone at times because so many of you say this, but **I acknowledge you, hear you, understand you, and love you.**

- **Canada reverses course on expanding assisted suicide to people suffering solely from mental illness.** The federal government has announced plans to indefinitely block the March 2027 expansion, citing inadequate mental health care and uncertainty over whether psychiatric conditions are incurable.

- **A 16-year-old BC student is refusing to back down after being suspended for criticizing his school’s Truth and Reconciliation programming.** Grade 11 student Isaac Simpson posted a video of a school-wide presentation, along with his own commentary, questioning why it featured Black Lives Matter, discussions of “Land Back,” and Indigenous 2SLGBTQIA+ (Two-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual) issues. School administrators told him he cannot return to class unless he deletes his original video. His response? *“I’m not taking it down.”*

- **Leading climate modellers finally acknowledge that a worst-case global-warming scenario has become implausible.** In a peer-reviewed study (*van Vuuren et al.*) published by the European Geosciences Union, more than 40 researchers acknowledged that the extreme high-emissions scenario SSP5-8.5 has become “implausible.” For years, this scenario helped fuel catastrophic-warming warnings and was sometimes presented as business as usual—despite increasingly unrealistic assumptions.

- **A new US federal clinic will investigate reported vaccine injuries and study potential treatments.** On October 5, US Health Secretary Robert F. Kennedy Jr. unveiled the new National Institutes of Health clinic in Bethesda, Maryland, where researchers will investigate serious health problems reported after vaccination, explore potential causes, and study treatments. The administration also announced plans to compensate doctors for reporting suspected vaccine injuries and overhaul the federal adverse-event reporting system.

- **An Ontario bylaw that allows fines of up to \$5,000 for offensive speech is being challenged in court.** Passed in 2023, Waterloo Region’s bylaw allows

FREEDOM WINS!

officials to fine or remove people from regional property for comments considered offensive or humiliating when directed at someone because of their race, religion, gender, or another protected personal characteristic. The Canadian Constitution Foundation has challenged the bylaw in court, arguing that it violates Canadians’ constitutional right to freedom of expression.

- **In a system full of career politicians desperate for power, a Kelowna man’s brutal honesty became his winning strategy.** Brady Rogers, 33, of Kelowna, BC, ran a hilariously unconventional campaign with signs reading “How hard could it be?”, “I barely want to do this,” and “Fine, I’ll do it.” His campaign website declared: “Do I enjoy politics? No. Do I know what I’m doing? No. But am I qualified? Also no.” Yet on October 17, Rogers finished fourth out of 37 candidates and won a seat on Kelowna City Council.

- **Seven ordinary citizens are taking some of the world’s most powerful figures to court over alleged COVID-19 vaccine injuries—and their case is moving forward!** On October 22, a Dutch court heard arguments in a civil lawsuit against Bill Gates, Pfizer CEO Albert Bourla, former Dutch prime minister Mark Rutte, the Dutch government, and 13 other defendants. Represented by lawyer Peter Stassen, the plaintiffs allege they were misled about the safety of COVID-19 vaccines and suffered serious injuries as a result. Gates previously tried unsuccessfully to challenge the Dutch court’s jurisdiction.

- **The US government is reopening questions about wireless radiation and human health.** After years of public concern, the Department of Health and Human Services announced it would conduct a federal inquiry into the possible health effects of electromagnetic fields, including wireless devices, and review existing evidence and safety standards.

- **The US CDC is finally putting greater emphasis on individual choice in COVID vaccination.**

Its updated 2026–27 guidance also states that vaccination of healthy people under 65 is now considered off-label and that the Pfizer COVID shot is no longer authorized for children under five.

- **In a major win for medical transparency, European drug regulators are tightening oversight of pharmaceutical companies to ensure clinical trial results are made public—even when the findings are unfavourable.** After a recent study found that 98 of 234 clinical trials failed to fully meet reporting requirements, the European Medicines Agency is stepping up monitoring and reminding companies of their legal obligations.

- **Texas is investigating whether financial incentives are influencing childhood vaccine recommendations.** Earlier this year, Attorney General Ken Paxton issued more than 20 investigative demands targeting pharmaceutical companies, insurers, and medical providers, including Pfizer and UnitedHealthcare. The inquiry has now expanded to the American Academy of Pediatrics. Investigators are examining whether doctors receive undisclosed bonuses or other financial rewards for administering vaccines, and whether financial relationships improperly influence medical advice.

- **The Democracy Fund has publicly named veteran fire investigator Glenn Baxter to lead its independent forensic investigation into Canada’s wave of church burnings and synagogue attacks.** Since 2021, approximately 120 Canadian churches have reportedly been burned, or desecrated.

- **After more than 20 years of US military involvement in Iraq, American forces have finally withdrawn.** The Pentagon officially announced the departure of its remaining forces and equipment from Erbil Air Base, ending its 12-year military mission against ISIS.

- **Hundreds of US politicians and medical professionals have signed a pledge calling for COVID vaccines to be withdrawn.** Organized by *Americans for Health Freedom* and led by Dr. Mary Talley Bowden, the campaign reported 169 elected officials, 178 political candidates and 129 physicians and scientists among its signatories.

Supreme Court Grants Leave on Emergencies Act Appeal

By Mir North | [Substack.com/@HoldTheFloorNorth](#)

On October 22, 2026, the Supreme Court of Canada agreed to hear the federal government’s appeal in the *Emergencies Act* challenge filed by the Canadian Constitution Foundation and a few others.

This isn’t a ruling on the case itself; it means the Court will schedule a full hearing and eventually issue a final judgment. Christine Van Geyn, the Interim Executive Director of the Canadian Constitution Foundation, quickly pointed out that the earlier court victories still stand until the Supreme Court decides, especially after an initial report made it sound like the ruling had already happened.

This whole situation started back on February 14, 2022, when the Trudeau government invoked the *Emergencies Act* in response to the Freedom Convoy protests. **Two lower courts already found that the government’s actions were unreasonable and that several measures went against the Charter.**

The Federal Court ruled in January 2024, and the Federal Court of Appeal upheld that ruling in January 2026. The Carney government waited until the very last day in March 2026 to ask the Supreme Court to hear the case.

By agreeing to take it on, the Supreme Court will clarify how far these extraordinary powers can go, which will have a big impact on how future governments handle public protests. To understand why this case matters, we need to look back at what happened in early 2022.

The Freedom Convoy and the Invocation of Emergency Powers

In late January and early February 2022, a bunch of truckers and other protesters showed up in Ottawa and at some border crossings to push back against COVID-19 vaccine mandates for truck drivers and related health rules. For about three weeks, downtown Ottawa was taken over by big trucks and demonstrators. Blockades, especially at places like Coutts, Alberta, and the Ambassador Bridge, caused significant economic disruptions. The government called it a public order emergency that couldn’t be handled using regular laws.

On February 14, the Cabinet decided to invoke the *Emergencies Act*—the first time this has happened since it replaced the *War Measures Act*. **This move gave them some broad powers to deal with the situation.** Banks and financial institutions had to freeze accounts tied to the protests without needing a court order first. They set rules limiting travel to protest areas and made it illegal to give money or help that could fuel further unrest.

Public gatherings were restricted, and police got more authority to act. The government claimed the protests posed a threat to national security and important infrastructure and that existing laws weren’t enough. However, critics, including civil rights groups, argued that these actions were over the top and that regular policing would’ve sufficed. These extraordinary measures soon faced tough legal challenges.

The Lower Courts Speak: Unreasonable and Unconstitutional

Justice Richard Mosley of the Federal Court closely examined a challenge brought by the Canadian Constitution Foundation and the Canadian Civil Liberties Association, among others. In a detailed decision from January 2024, he ruled that the Cabinet didn’t have good reason to think there was a “*threat to the security of Canada*” as defined by the *Emergencies Act*.

This definition pulls from the *Canadian Security Intelligence Service Act*, which requires real threats involving serious violence for political, religious, or ideological reasons—like terrorism or attempts to overthrow the government. Mere economic disruption or concerns about potential violence didn’t cut it. Mosley

also noted that the situation didn’t reach the level of a national emergency that existing laws couldn’t handle.

In January 2026, the Federal Court of Appeal backed these findings in a unanimous ruling. The judges pointed out that while the blockades and protests were certainly frustrating and disruptive, they just didn’t amount to a threat to national security. They noted that **the Act has strict limits to prevent misuse for political convenience.**

According to the judges, the real issues in Ottawa were more about policing capabilities and willingness than any legal shortcomings. The appeal court agreed with most of the Canadian Constitution Foundation’s



key arguments about the rules for invoking the Act and the implications for the Charter of Rights. The breaches went beyond the threshold issue to specific Charter violations.

Freezing Accounts and Banning Protest: The Charter Costs

The courts pointed out two main Charter violations that couldn’t be justified under section 1. First off, regulations that basically banned people from travelling to or supporting the Freedom Convoy protests across the country messed with our rights to express ourselves and assemble peacefully under section 2.

These rules were way too broad; they included folks who just wanted to voice their disagreement with government policies, not just those causing trouble. The Federal Court of Appeal noted that the government could’ve made the restrictions more specific, targeting certain areas or known offenders instead of imposing a

nationwide ban.

On top of that, the economic orders that let banks freeze accounts and share personal financial info with the RCMP and CSIS without any warrants or proper safeguards violated section 8, which protects against unreasonable searches and seizures. The Court noted that giving up private banking information based on a single officer’s gut feeling was a serious matter, especially without the usual checks and balances to protect people’s financial privacy.

These weren’t minor issues either. Both courts felt that these violations didn’t meet the minimal impairment and proportionality standards of section 1. The government has spent millions of taxpayer dollars defending this case, but the lower courts found that the legal standards weren’t met. Now, this sets the stage for a crucial final argument at the Supreme Court.

What’s at Stake for Future Emergencies and Dissent

The Supreme Court hearing will decide whether the *Emergencies Act* still applies or whether governments can use it to respond to disruptive but peaceful protests. If the government wins, it could make it easier to use emergency powers whenever protests disrupt the economy or strain police resources. On the other hand, if the courts uphold the lower decision, it will make clear that the Act should be used only as a last resort when there are real threats to

national security and regular laws won’t cut it.

Christine Van Geyn said the Canadian Constitution Foundation is ready to defend its previous wins, claiming the Act was misused against political opposition that was simply inconvenient. Litigation Director Josh Dehaas said this case will shape how governments handle dissent for years to come.

The Foundation lawyers, Sujit Choudhry and Janani Shanmuganathan, will present the same arguments that worked in the lower courts. Until the Supreme Court makes its ruling—likely not before spring or fall 2027—the Federal Court of Appeal’s decision is what we go by. **The outcome will either maintain strict limits on emergency powers or make it easier for future Cabinets to use them when public protests become a hassle.**

Originally published at [substack.com/@holdthefloornorth](#)

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Staying Alive as the System Frays

By Bruce Scholl | [UnscrewTheNews.com](https://unscrewthenews.com)

In 1911, two men raced for the South Pole. Roald Amundsen copied the Inuit: furs, dog teams, a steady pace. Robert Falcon Scott trusted motor sledges, ponies and British grit. The machines broke. Amundsen brought every man home. Scott and his last companions froze about 18 km from a depot full of food and fuel.

Toughness and gear lose to adaptability. That's what this is about. Not bunkers. A practical plan to stay healthy, fed, warm, solvent and connected while the systems we depend on get less reliable.

It Won't Be One Big Crash

Societies rarely collapse overnight. They wear down. Prices climb faster than wages. Shelves thin out. Trust erodes. In January 2024, Alberta's grid came within about 10 megawatts of rotating outages. In July 2022, one Rogers failure took Interac debit down across Canada.

Freedom erodes the same way, one emergency at a time. During COVID, churches and businesses were shut by order, and an Alberta pastor was jailed for holding services. In 2022, Ottawa invoked the *Emergencies Act*, and banks froze protesters' accounts without a court order. The Federal Court ruled it unreasonable and a Charter breach, and the Federal Court of Appeal upheld that. A power taken in a crisis is a power that can be used again.

Decide Now, Not in the Panic

For most events, staying home is the better default. Leave only for a local, immediate threat: fire, flood or an evacuation order. Give everyone in the house a job (lead, security, supplies, communications, medical), each with a backup. Run a short drill once a week for a month: blackout, water, communications, lockdown. Put the plan on one page on the fridge.

Health Is the First Layer

Part of making yourself less killable by your government is making your family as healthy as you can. Cut the chemicals. Drink filtered or spring water. Cook from scratch. Work out. Get rest. Be self-reliant for minor problems. Doctors and hospitals are a last resort, but know when to go: severe bleeding, chest pain, stroke signs, trouble breathing, serious burns, or a spreading infection with fever. Take a first aid course and ask for 90-day prescription refills.

Defend Your Home

Train hand-to-hand: jiu-jitsu, Krav Maga, boxing. If someone breaks in, don't search the house. Get the family into a locked room, call 911, make noise and hold your position. If you're cornered, fight to escape. Under the Criminal Code, force must be reasonable in the circumstances. Pepper spray made for use on people is prohibited in Canada.

Water: Store Two Kinds

Store drinking water: about 4 litres per person per day, building from two weeks to three months. Then store plain tap water for flushing. When the taps stop, the toilet is the biggest water user in the house, and a bucket of about 6 litres poured into the bowl flushes it. Fill the bathtub at the first warning. Keep three ways to make water safe: boiling, a filter, and bleach or tablets.



Food and Pets

Grocery stores hold a few days of stock. Build your pantry in layers: two weeks, a month, three months. Store what you eat and rotate it. Favour rice, beans, oats, canned meat, oils, honey and salt. Learn to can and preserve. Store the same for your pets, plus supplies for babies, elders and anyone with medical needs.

Heat Without Power

Your gas furnace won't run without electricity. In a winter outage, heat one small room and live in it. Dress in layers and never wear cotton next to the skin. Get off cold floors. Sleep close together. Shut off the water and drain the pipes before they freeze. Never run a generator, barbecue or camp stove indoors. Keep a battery carbon monoxide alarm on every level. Don't tough it out: cold dulls your judgement before you notice.

Money: What Holds Value

Currency collapses follow a pattern: Yugoslavia, Zimbabwe, Venezuela. Governments print, prices soar, shelves empty. Zimbabwe's inflation peaked near 500 billion percent in 2008.

Canada is doing it slowly. A dollar today buys what 4 cents bought in 1914. A 2000 dollar has lost 42% of its value, and about 17% has gone since 2020 alone. (*Source: Statistics Canada CPI, annual average, 1914–2025.*)

I invest mostly in silver, and gold is good too. My rules:

- **Bullion only, never numismatic coins.** Collector coins are overpriced and hard to sell when the SHTF.

Investment-grade bullion is GST-exempt in Canada; collector coins aren't.

- **Buy recognizable pieces in small sizes**, like Maple Leafs and 1 oz rounds.
- **Store it in more than one place.**
- **Keep some cash for outages, but not much.** It loses value fast.

Metals pay no interest and prices swing. In a real breakdown, food, fuel, and medicine come first. Keep a small trade stash separate from your core supplies.

Skills and Silence

Supplies run out. Skills don't, and nobody can confiscate them. Learn gardening, canning, first aid, small-engine repair, sewing and ham radio. Pick one per season.

Have a battery radio and two-way radios for when the cell network is down. Check rumours against what people actually saw. Use a VPN, encrypted messaging, and two-factor logins. And keep quiet about what you have: in a long outage, the house with lights, noise and cooking smells draws attention first. Never open the door to strangers, and agree on a family code word.

Rights and Paperwork

Read your province's Emergency Management Act and the federal *Emergencies Act* before you need them. Keep a waterproof binder with ID, land title, insurance, financial and medical records, plus an encrypted copy elsewhere. If an official acts against you, stay calm, ask in writing which law authorizes it, and write down names and times. Comply now, challenge later.

Network Before You Need It

Self-sufficiency is an illusion. Nobody can grow all their food, fix every machine and stand watch around the clock.

In Yugoslavia's hyperinflation, the shelves emptied but the country didn't starve. City families were fed by relatives on farms. The people who came through best had the right relationships.

So network with your community before you need it. Know your farmers, ranchers, butchers and tradespeople, and buy from them now. Know which neighbour is a nurse and which one has a generator. Join a community garden or a time bank. You can't build trust during a crisis. It has to exist before.

Stay Adaptable

Scott had more gear. Amundsen adapted. Get healthy. Store water for drinking and flushing. Keep a living pantry. Plan for the cold. Hold real value. Learn skills. And know who to call.

Bruce Scholl shares these personal practices for informational purposes only. They are not financial, legal or medical advice. For more, please visit unscrewthenews.com

The Real Danger Of AI (Is That It Is Run By Evil Warmongers)

By Caitlin Johnstone | [CaitlinJohnstone.com.au](https://caitlinjohnstone.com.au)

The **most obvious and imminent threat** right now is not that artificial intelligence will outsmart us and escape our control; it's that it is **being fully controlled by humans who are stupid and evil.**

The biggest AI threat isn't artificial superintelligence wiping out humanity in a fit of mechanical vengeance like some digital Old Testament God; it's **the same oligarchs and empire managers** as usual inflicting the same evils and abuses as usual upon their fellow man.

We're already presently watching the empire **building AI into its killing machines** and causing all kinds of horrifying problems while these technologies become more and more complex and unpredictable.

CNN reports that US military AI *"almost started a war"* with China when it hallucinated intelligence showing a Chinese ship transporting nuclear weapon components to Iran; US military planes were apparently already in the air preparing to attack the vessel before human intelligence picked up on the error.

A recent Pentagon report has officially concluded that an over-reliance on Palantir's AI-powered command-and-control system Maven contributed to the bombing of a school in Minab which killed **120 children** attending classes on the first day of the US-Israeli war with Iran.

We learned early on in the Gaza holocaust that the IDF was using AI to help it bomb suspected Hamas members when they are at home with their families rather than when they are out in the battlefield using a program called "Where's Daddy?"—a bit of Israeli humour about the fact that they would be killing the children of Palestinian resistance fighters when their fathers came home.

We're seeing politicians like Bernie Sanders voice concerns that *"AI could soon be smarter than humans and function outside of our control,"* but the **most obvious and imminent threat** right now is not that artificial intelligence will outsmart us and escape our control, it's that it is **being fully controlled by humans who are stupid and evil.**

Again, we know for a fact that **powerful nuclear-armed military forces are knitting AI into all their systems.** We're watching them do it, right in front of our faces. An increasingly complex and confusing element has been added to an environment of already tense and dangerous military standoffs around the world as the US and its allies work to absorb the few remaining nations who have managed to retain sovereignty into the imperial power umbrella. And yet recent weeks have seen the mass media flooded with punditry speculating about possible scenarios under which AI might perhaps wind up leading to human extinction.

We already know **the most likely scenario under which AI will get us all killed.** If it happens, it will be because **rich and powerful sociopaths** knit these technologies into war machinery that is designed for killing humans at mass scale. Duh.

These developments are unfolding in the context of a **frenetic new arms race with China** in which nobody's willing to tap the brake pedal for fear of falling behind. Any talk of regulation or slowing things down before they get out of control is dismissed because the competition-based systems which currently govern human behaviour have thrust us into a nightmare of constant military expansionism and brinkmanship instead of collaboration and harmony, all fuelled by the fact that this paradigm makes **tech plutocrats and war profiteers obscenely wealthy.**

That's clearly **the most immediate existential threat that AI poses to our species** right now. There's also the only slightly less frightening threat of artificial intelligence enabling our rulers to use **mass surveillance and autonomous weapons systems** to stifle any revolutionary political movement before it gets off the ground, locking us into this freakish capitalist dystopia until the planet is an uninhabitable wasteland.

In any case, this isn't a new threat. It's the **same old threat with new toys. Capitalism must end, and the empire must fall.** Our very existence depends on it.

Originally published at caitlinjohnstone.com.

The Wireless Rollout: Will MPs Put Health First?

By Margreet van den Berg

In May 2020, Canadians for Safe Technology (C4ST) launched the **“Suspend 5G Appeal,”** asking the federal government to: 1. Ensure Internet access that is safe, fast, reliable, resilient, secure, affordable, and, in the long term, the most environmentally and economically sound for Canada; 2. Protect Canadians’ health and the environment before further rollout of wireless infrastructure, including 5G; 3. Provide a meaningful, transparent process for municipalities and their citizens to have a decisive say over installing cellular network antennas. **Over 21,000 Canadians signed the Appeal.**

Did the federal government listen? **Not one bit.** On the contrary.

Lockdowns: Keeping Canadians Safe?

During the lockdowns, people around the world could see outside their windows as **workers deemed “essential”** installed the infrastructure needed for 5G: laying (fibre) cables, putting up towers, small cells in cities, and transmitters on roofs. The lockdowns were imposed to “keep Canadians safe,” yet the federal and provincial governments had no problems whatsoever with exposing Canadians to **more wireless communication radiation** both inside and outside their homes.

Working from home and attending school demanded many more hours behind a screen, often over wireless rather than wired connections. Some Canadians were lucky enough to have fast fibre all the way to their home; maybe they even used wired connections at home too. But **most Canadians used Wi-Fi at home.** Anyone who could not afford an Internet connection at home was **left behind;** parents had to drive their children to a parking lot to use free Wi-Fi at Walmart to do their schoolwork on a wireless device. Young people were forced to connect with their friends through a (radiating) screen instead of meeting face to face. How many people developed symptoms of ill health, not knowing that some of those were due to (over)exposure to their wireless devices and transmitters close to their homes?

Canadians Reducing RF Exposure

How many more Canadians have become aware of the health risks of wireless communication technology since 2020 and tried to **reduce their exposure?** How many have reconnected their computer/laptop directly to the router with a cable instead of using Wi-Fi, switched off Wi-Fi at night to **sleep better,** or heard that sleeping with a phone under the pillow or on the night table next to your head is not a good idea?

Who has taken it another step further and **switched off their phone completely** when it’s not needed, or put it on airplane mode, switching off Bluetooth, Mobile Data and the (every-second-bleeping) Find-My-Phone function as well? How many Canadians have tried—and **succeeded—in opting out** of a pulsating “smart” communicating utility meter, be it for electricity, water and/or gas; how many have fibre all the way to the home today, in 2026, and how many still have to rely on slower and less reliable wireless “the last mile”?

Despite Health Canada, those in Canada who attempt to **reduce their exposure** to wireless radiation have clearly **not relied on Health Canada’s** “expertise”; they have **researched the subject themselves** and often report that this type of technology leaves them off balance and can lead to neurological problems such as brain fog, memory and cognitive problems, mood changes, sleep dysfunction, headaches, tinnitus, cardiovascular issues, sudden exhaustion out of the blue, and so much more. No need for Health Canada to try to convince them that this type of artificial electromagnetic radiation technology is absolutely safe 24/7, 365 days a year. “Safe”: the famous mantra so often used by Health Canada. When will Health Canada finally catch up?

Health and Industry Canada work very hard to ignore and dismiss new research, Canadians’ experiences, warnings, and appeals. What makes Canada’s

government and most MPs refuse to admit there is a **major health problem here,** caused by an uninsurable technology? Are there too many billions invested in rolling out ever more wireless technology as part of the much-touted “Digital Transformation”? **How long will the blinders stay on?**

Small cells? Municipalities are in the way



The 2020 5G Appeal already mentioned small cells: “Full 5G rollout will require the installation of **hundreds of thousands of new antennas** throughout the country on cell towers, hydro poles, lamp posts, buildings and other structures, often within a few metres of where we live and work.”

What are small cells? “A small cell installation consists of small radio equipment and antennas that can be placed on structures such as streetlights, the sides of buildings, or poles. They are about the size of a pizza box or backpack, and are **essential for transmitting data** to and from a wireless device.” Small cells support very high-frequency signals, including millimetre waves. These signals travel shorter distances than lower-frequency signals and can be weakened or blocked by buildings, trees and other foliage, and even people and animals. Heavy rain can also weaken some millimetre-wave links.

Small cells may be small and low-powered, but they require a **much denser network than traditional cell towers,** with units placed close together throughout neighbourhoods. **Too close.** If you live in a big city, you’ve likely seen them along the street. But deployment “**isn’t going fast enough,**” according to Rogers, Bell and TELUS. To speed it up—and bypass municipalities that want a say in whether and where the units are installed—the three telcos are **demanding that Parliament amend the federal Telecommunications Act.**

Rogers writes to Melanie Joly’s ISED: “To enable small cell deployment, [telecom] carriers need **non-discriminatory access to municipal rights-of-way,** municipal infrastructure (streetlights, transit shelters, traffic lights, buildings) and hydro poles. **Municipalities and others should not be in the way,** the telcos say; and Parliament should make that happen. ‘Like TELUS, we urge ISED, the PMO and Cabinet to proceed to drafting and tabling amendments to section 43 of the Telecommunications Act to correct the deficiencies that hinder a telecommunication carrier’s ability to access municipal and hydro company infrastructure to support small cell deployment.’”

Flying Blind

The telcos’ audacity in expecting Parliament to smooth their path to profit is quite astonishing, to say the least. As explained in my August 2026 *Druthers* article, “Cell Towers Without Consent,” the telcos are pushing for and profiting from the proliferation of an **uninsured technology—uninsurable because of expected health damage.**

The telcos’ brazen attitude becomes even more staggering when one realizes that when 5G was rolled out, that same industry **conducted no research at all** on the health and biological effects of the higher frequencies that would be part of 5G technology. In 2019, American Senator Blumenthal asked telecom repre-

sentatives that question: “*How much money has the industry committed to supporting additional independent research—I stress, independent—research? Is that independent research ongoing? Has any been completed? Where can consumers look for it? And we’re talking about research on the biological effects of this new technology (...)* ‘So there really is no research ongoing. We’re kind of **flying blind here,** as far as health and safety is concerned.’”

Since 2019, some research has examined 5G’s higher-frequency radiation, such as millimetre waves, and **it does not look good:** not for humans, whose skin, the largest organ and protective border between the inside and outside of the body, and eyes will be affected by millimetre waves. Not good for insects, including bees, our pollinators on whom we depend for food, and which are millimetre-wave in size.

Do Appeals and Petitions help?

It is clear that our federal government **did not, and does not, care at all about what over 20,000 Canadians asked in the 5G 2020 Appeal:** “Protect Canadians’ health and the environment before further rollout of wireless infrastructure, including 5G.” Telecom keeps pushing the envelope as long as various levels of govern-

ment and politicians allow it. And the sixth generation of mobile communications technology, 6G, is on its way. Does signing appeals and petitions help at all? It is one of the ways to make it known to legislators and MPs that this was, and is, a **growing concern, a growing health risk,** further burdening an already overburdened healthcare system that has no idea. A health risk that will escalate with the further densification of (small cell) transmitters.

Some **3,300 Canadians** have signed a recent C4ST petition urging Industry Canada and Minister Melanie Joly to **stop suppressing local voices** in cell tower location processes under the guise of a red tape review. https://c4st.org/eng/petition_ised.php

What we also desperately need are **MPs with integrity** who are willing and courageous enough to put Health and Radiofrequency Radiation back on the federal political agenda. After decades of silence and suppressed information from Health Canada and the government at large, it is high time. **Where are those MPs?**

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The World We Are Creating

By Lynn Wilbur

During a recent journey across Canada, I had the pleasure of spending a few days visiting my sister Kristy and the group of people who run *Druthers Newspaper*. I came away from that visit with something I hadn't particularly expected: **a renewed appreciation for the possibilities of human cooperation.**

What impressed me most wasn't a particular political position, a shared belief, or an interpretation of world events. It was something much more immediate and personal: **the atmosphere in which people lived.** Here were individuals of different ages, backgrounds, and nationalities sharing their lives in an atmosphere of friendship, mutual respect, and acceptance.

There was a sense of belonging. People seemed comfortable with one another, cooperating in the ordinary activities of daily life. It wasn't a commune or an attempt to establish some ideal society. It was simply a group of people living together harmoniously. And I found it rather inspiring.

Of course, a visit of a few days offers only a glimpse into the lives of others. Every community has its challenges, disagreements, and difficulties. I wouldn't presume to know all the complexities of the relationships I witnessed. But what I did see was worth appreciating. **And it got me thinking about the world we are creating.**

Much of the information we encounter each day concerns things that are going wrong. We read about corruption, dishonesty, exploitation, conflict, injustice, and the failures of institutions. These are important matters. They deserve attention, investigation, and public discussion. **Independent journalism has a valuable role to play** in questioning accepted explanations, examining the exercise of power, and bringing neglected concerns into public view.

But there is another kind of story that deserves our attention as well. It is the story of what people are doing right. Everywhere, often without recognition, people are helping neighbours, caring for those who are vulnerable, overcoming differences, building friendships, and finding practical ways to improve their communi-

ties.

These activities may not attract the attention given to conflict and controversy, but they are no less a part of the world in which we live. And perhaps **they deserve to be celebrated more often.**

Consider the possibilities when people of different nationalities, generations, backgrounds, and experiences find ways to cooperate. They need not agree about everything. They need not share identical beliefs, political opinions, or interpretations of reality. What matters is their willingness to recognize one another's humanity, to listen, to contribute, and to live



with mutual respect.

In a world where differences so often become reasons for suspicion or hostility, **such relationships offer something worth learning from.**

I have become increasingly interested in how deeply interconnected our lives really are. None of us exists independently of the people and circumstances around us. Our lives are shaped by countless relationships, many of which extend far beyond our immediate awareness.

The food we eat, the homes we inhabit, the knowledge we acquire, and the communities we enjoy are all products of human cooperation extending across generations and around the world. We are individuals, certainly, but we are not isolated individuals. **Our lives are intertwined.** And perhaps recognizing that inter-

connectedness can help us become more thoughtful about how we treat one another.

A better society isn't created only through legislation, elections, institutional reform, or the exposure of wrongdoing, important as those activities may be. **It is also created through the ordinary ways we relate to the people around us.** Through kindness. Through honesty. Through generosity. Through cooperation. Through a willingness to accept differences without allowing them to become barriers to friendship.

These qualities are not particularly dramatic. They rarely make headlines. Yet they are essential to the kind of world most of us would like to inhabit.

This brings me back to my visit with Kristy and her friends. What I witnessed was a small example of something with much larger implications. People from different walks of life were demonstrating, through their everyday relationships, that cooperation and mutual respect are not merely ideals to be discussed.

They are possibilities to be lived. And that seems to me a story worth telling.

Imagine how encouraging it might be if, alongside our investigations of society's problems, we gave greater attention to examples of people finding constructive ways to live together—not as a substitute for examining what is wrong, but as a complement to that essential work.

We need to understand our problems. We also need examples that help us imagine solutions. **We need to recognize injustice.** We also need to celebrate kindness. **We need to question institutions.** We also need to appreciate the ordinary people who are quietly demonstrating what cooperation can accomplish.

After all, the world we hope to create isn't simply something waiting for us in the future. In countless small ways, **we are creating it already.** And sometimes, as I discovered during those few days with my sister and her friends, we need only look around us to recognize it.

Perhaps one of the most powerful contributions we can make toward a better world is to demonstrate, in the way we live together, that a better world is possible.

People-Power and Governance

By Gerda Christensen

Let's face it, folks, our existing system of government/governance isn't working very well, is it? It matters not whether we vote for the left, the right, or something closer to the centre. No matter which political parties we have favoured in the past, nothing really changes. It's not that we don't have some good people trying their best to serve the public; it's more that the existing system has rotted from the inside out—going back hundreds of years. We don't even have a real country. What we have is a faux-confederation corporate entity pretending it has the authority to tell the rest of us what to do.

This system, which includes the government, in alignment with the banks, insurance industry, law enforcement agencies, legal and court systems, medical industry, educational institutions, etc., is all connected into one overbearing administrative entity that has forgotten its main objective, which is, or was, to provide service to living men and women. No matter which way we vote, nothing really changes. The power continues to consolidate, sucking the public dry.

What Can Be Done?

It's time to show some courage and reject the rule of our overlords concentrated in the Inner City of London, UK, Washington, DC, the Vatican, as well as Ottawa, and set up our own governance system. It's time to clean house, to push the government "servants" out of our estates and lands and reclaim them for the people. We have plenty of resources and plenty of land. We only need to establish clearly who the true owners are—the people, of course.

We are no longer willing to tolerate self-serving corporations masquerading as governments—pretending to provide service while seeking immense wealth and power at the expense of the rest of us. What do we see

but ever-increasing taxes in return for fewer services, more surveillance and restrictions, sickness attention rather than real health care, useless education, etc.

Concerned men and women, the real leaders from every walk of life are taking matters to heart and establishing their true government, by the people and for the people: a power shift is happening around the world.

We're a rich first-world country, supposedly, but



our people are ever poorer, and we see a greater amount of homelessness than ever in recent history. It's time to put on our hard hats and get to work, to fix our communities and our society.

Next Steps?

Join your British Columbia State Assembly. It's quite straightforward, really. The people need to gather, the very act which makes them an Assembly. Then they need to figure out what they really intend and want, collectively speaking. One of the more difficult obstacles to overcome is the fear-based belief that we have no power. This fear has more to do with long-standing indoctrination than anything else.

With a little elevated discourse and a little practice, the people will soon believe in themselves again. Once that happens, we can all step away from the existing hierarchy, which may be good for some institutions like the military, but is not the way forward for the people. The recognition of this fact will make all the difference.

We do not have to begin from scratch. Many Common-Law Assemblies are popping up all over the world, and we can connect with them and learn from them.

This will not be easy, but it will be beneficial and ultimately, very rewarding. The alternative is doing nothing and continuing with our current trajectory. This current pathway is the truly frightening scenario.

Think of the list of government-sponsored or government-approved practices and products that you're worried about (e.g., debt-based currency, adulterated food, chemtrails, constant foreign wars, corrupt agencies, growing drug and alcohol problems, inadequate and misleading education, failing medical services, food insecurity, rising consumer prices, house prices, surveillance, growing debts, judicial system corruption, market manipulation, weather wars, etc.).

Alternatively, consider working with your neighbours and community agencies, learning what each community needs, and how the needs and goals of each community and province/state can be met. The choice isn't difficult.

Our communities and provinces have plenty of talent, and we have many resources. What we don't have is accountability, honest asset-backed money, practice in working together, and clearly defined *people-oriented* governance. What's holding us back?

Any thoughts, people?

For more information, please email gjcmci24@gmail.com or visit britishcolumbiaassembly.ca

BREAKING STUDY: COVID-19 “Vaccination” of Children Linked to Autism, ADHD, Anxiety, and Special-Ed Use

By Nicolas Hulscher, MPH | TheFocalPoints.com

We have completed the **first population-level study to date** directly examining childhood COVID-19 vaccination in relation to autism and other neurodevelopmental outcomes, using official U.S. government data to compare vaccinated and unvaccinated American children.

Our study is titled, “**Neurodevelopmental Outcomes in COVID-19-Vaccinated Versus Unvaccinated U.S. Children: Analysis of the National Health Interview Survey, 2022–2024.**” It’s authored by **Nicolas Hulscher, MPH** (myself); M. Nathaniel Mead, MSc, PhD; Carol Taccetta, MD, FCAP; John A. Catanzaro, NMD, PhD; Robyn A. Honea, PhD; and Peter A. McCullough, MD, MPH.

The data come from the **National Health Interview Survey (NHIS)**, one of the nation’s principal sources of information on the health of the U.S. civilian population. NHIS is conducted by the National Center for Health Statistics (NCHS), part of the U.S. Centers for Disease Control and Prevention (CDC), and is designed to produce nationally representative estimates through continuous household interviews.

Using the 2022–2024 NHIS data, we analyzed a **nationally representative sample of 21,990 U.S. children**. One child per household is randomly selected for the survey, and a parent or guardian provides information on vaccination status, diagnoses, healthcare use, mental health, and other health characteristics.

Compared with COVID-unvaccinated children, COVID-vaccinated children had significantly higher odds of:

- **AUTISM: +32%**
- **ADHD: +33%**
- **ANY NEURODEVELOPMENTAL DISORDER: +23%**
- **SPECIAL-ED USE: +19%**
- **ASTHMA: +24%**
- **ANXIETY: +27%**
- **MENTAL-HEALTH DRUG USE: +57%**
- **MENTAL-HEALTH THERAPY: +60%**

These estimates came from models adjusted for age, sex, survey year, race/ethnicity, family income, parental education, insurance, region, wellness visits, and usual source of care.

The Strongest Autism Signal Appeared In Young Children

The most alarming autism finding emerged among children ages 5–7. In this age group, children who had received **3 or more COVID shots had 154% higher odds of current autism** compared with children who had received zero doses.

This age range is especially important because ages 5–7 remain a critical period for brain, language, behavioural, social, and educational development—and also overlap with the period in which many children receive an autism diagnosis.

The manuscript additionally found that among children ages 5–8 who were first vaccinated at age 5 or younger, at least one year before interview, those receiving 3+ doses had **2.46 times the adjusted odds of current autism** compared with never-COVID-vaccinated children.

The Signals Strengthened With More COVID Shots

One of the most important findings was the presence of a dose-response pattern. The odds of multiple conditions increased with more COVID shot doses—including autism, ADHD, anxiety, neurodevelopmental disorders, asthma, and mental-health therapy.

Influenza Vaccination As A Negative-control Exposure

We also examined influenza vaccination as a negative-control exposure. Influenza vaccination was associated with several of the same outcomes, including autism, ADHD, and asthma, which means residual healthcare-engagement confounding cannot be fully ruled out.

excluding the null.

The Question That Was Never Adequately Studied

Perhaps one of the most troubling aspects of this issue is that pediatric COVID vaccine trials were not designed to answer this question in the first place.

Pediatric authorization relied on immunobridging trials involving only a few thousand children, generally with relatively short follow-up, and none were powered for or systematically collected neurodevelopmental or psychiatric outcomes.

Post-marketing surveillance similarly focused largely on acute outcomes such as myocarditis, anaphylaxis, and seizures rather than long-term neurodevelopmental endpoints.

Is there a plausible biological mechanism?

Yes. Vaccine-derived spike protein has been shown to circulate systemically after vaccination for months to years and has been found in brain vasculature in human studies. Experimental work has found that the S1 subunit can disrupt blood-brain barrier integrity and trigger inflammatory effects in brain endothelial cells.

Animal work involving pre-natal spike-protein exposure has also reported autism-like behavioural changes, neuroinflammation, neuronal changes, altered cytokine signaling, and reduced brain-derived neurotrophic factor.

The developing brain has extraordinarily high metabolic demands during synaptogenesis, circuit formation, cortical development, and activity-dependent pruning. An inflammatory or metabolic insult during those windows could result in alterations to brain development.

Limitations

This study identifies a population-level signal. It does not, by itself, prove that COVID-19 vaccination *causes* autism or the other reported outcomes. The largest limitation is that NHIS is cross-sectional and does not provide exact dates of diagnosis. That means the study cannot establish whether vaccination preceded diagnosis in every child.

NHIS does not capture the full childhood vaccination schedule or which routine vaccines may have been given alongside COVID-19 vaccination. Therefore, the observed associations could reflect the COVID-19 vaccine itself, other vaccines received around the same time, or the combined effects of cumulative vaccine exposure.

The next step should be a large linked birth-cohort study beginning before age 3, using complete vaccination records linked to longitudinal medical records and clinically validated neurodevelopmental diagnoses.

Conclusion

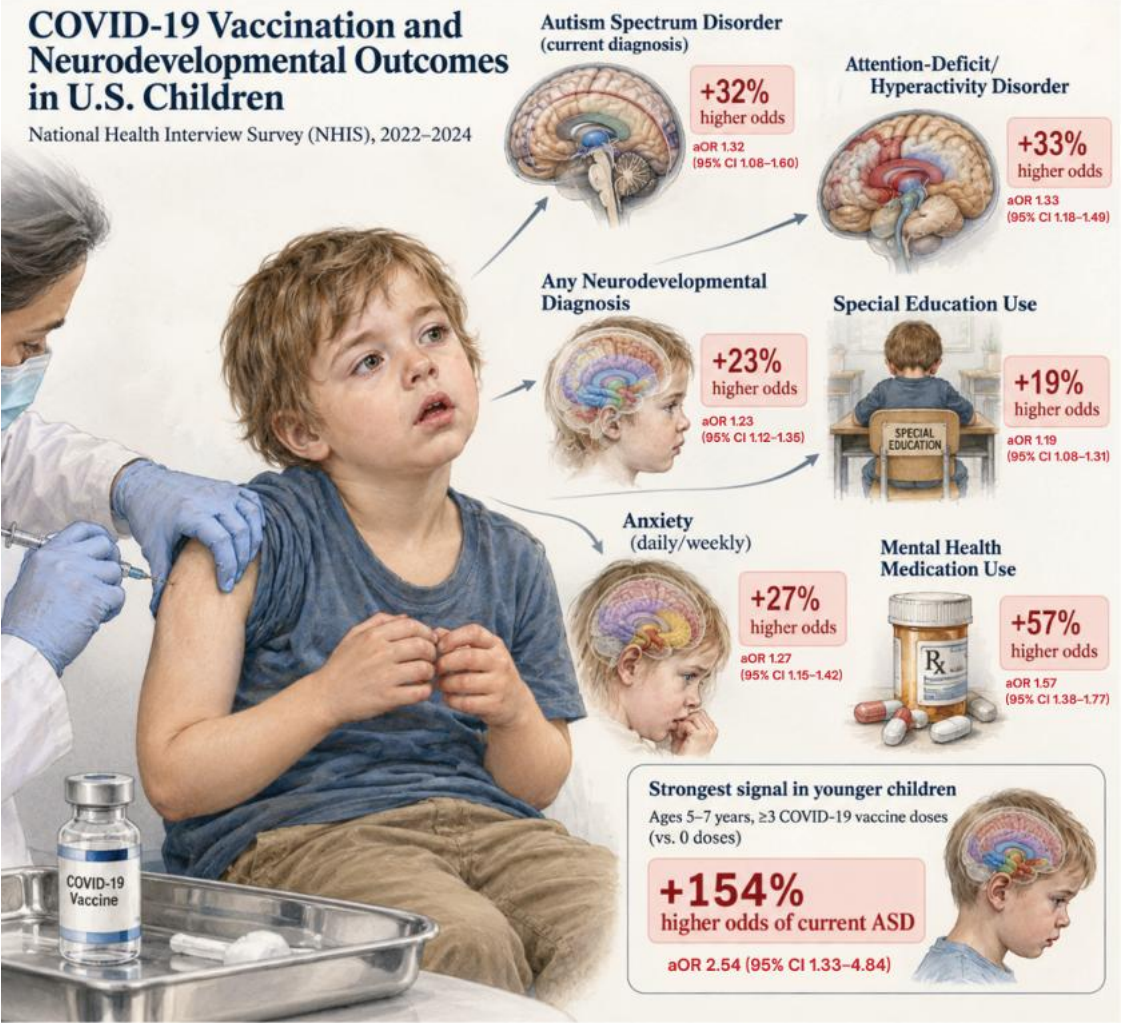
Official U.S. government data from 21,990 children revealed a consistent association between childhood COVID-19 vaccination and higher odds of autism, ADHD, anxiety, special-education use, and mental-health treatment.

The autism association persisted across numerous adjustment strategies, strengthened with increasing dose count, and reached its largest estimate in some of the youngest multiply vaccinated children. Among ages 5–7, 3+ COVID shots were associated with 154% higher adjusted odds of current autism.

This is a safety signal that must not be ignored. Endangering the developing brain is a RED LINE. COVID-19 “vaccination” of children should CEASE IMMEDIATELY.

Nicolas Hulscher is an Epidemiologist and administrator of the McCullough Foundation

Originally published at thefocalpoints.com



Neurodevelopmental Outcomes in COVID-19-Vaccinated Versus Unvaccinated U.S. Children: Analysis of the National Health Interview Survey, 2022–2024

However, in direct comparison, children who had received a COVID vaccine but not a recent influenza vaccine had higher odds of autism than children who had received an influenza vaccine but not a COVID vaccine.

The strongest autism estimates were also seen among children who had received both COVID and influenza vaccines, raising the possibility that the observed signal may reflect not only COVID vaccination itself, but cumulative vaccine exposure.

The Association Survived Extensive Attempts To Explain It Away

Children who receive vaccines can differ substantially from children who do not. That is why we subjected the autism signal to multiple adjustment and sensitivity analyses.

The association persisted after accounting for **age, sex, race/ethnicity, income, parental education, insurance, region, healthcare access, wellness visits, ER use, hospitalization, prescription use, and influenza vaccination.**

It also remained after restricting the analysis to physically healthy children without asthma, diabetes, or fair/poor general health.

Most importantly, propensity-score overlap weighting was used to balance vaccinated and unvaccinated children across the measured covariates. This eliminated measured imbalance in factors including age, income, parental education, insurance, and influenza vaccination.

The Autism Association Remained

At the same time, the negative-control outcomes of emergency-department visits and hospitalization moved toward the null.

The manuscript’s E-value analysis estimated that an unmeasured confounder would need to be associated with both vaccination and autism by a risk ratio of roughly **2.0** to fully explain away the primary autism estimate.

In total, **26 of 27 autism point estimates across the paper’s various specifications exceeded 1**, with 13

Tattle Culture

By Henry

Colloquially, tattle culture refers to the act of reporting others for perceived infractions, often with a sense of moral superiority. Sociopolitically, it represents a **deliberate mechanism through which states and institutions encourage individuals to monitor and betray one another**, undermining communal bonds.

Historically, such practices are not new. Regimes like East Germany's Stasi, Mao's Red Guards, and Soviet informant networks **weaponized betrayal to maintain control**. Today, tattle culture is increasingly normalized in Western democracies, cloaked under the guise of public safety, health, or woke social justice.

Tattle culture is not an organic societal shift but a **constructed tool of modern statecraft**, designed to fragment trust, entrench power, and enforce conformity through fear. Its historical roots, psychological mechanisms, technological enablers, manufactured morality, and societal consequences reveal how it operates as a feature of governance and propose pathways for resistance.

The roots of tattle culture lie in **state-controlled informant systems** that have long been used to consolidate power. In East Germany, the Stasi maintained an extensive network of informants, with estimates suggesting that one in every six citizens collaborated with the secret police.

Neighbours spied on neighbours, and even family members reported one another, creating a climate of pervasive mistrust.

Maoist China's Cultural Revolution took this further, with Red Guards mobilizing citizens, including children, to denounce parents, teachers, and peers for ideological impurity. The social effects were devastating. Solidarity crumbled, relationships fractured, and communities became battlegrounds of suspicion.

The post-9/11 security state further normalized surveillance with programs like "See Something, Say Something," encouraging citizens to report suspicious behaviour. These historical precedents reveal a consistent pattern.

Tattle culture thrives when states incentivize betrayal, **turning citizens into extensions of the surveillance apparatus**. The resulting mistrust erodes the social fabric, making collective resistance to authority nearly impossible.

Tattle culture exploits fundamental aspects of human psychology, particularly fear, envy, and ideological conformity. **Fear of punishment or ostracism drives individuals to report others**, while envy fuels resentment toward those perceived as defiant or privileged.

Ideological capture—when individuals internalize a system's values—transforms betrayal into a perceived moral duty. Psychological experiments illuminate these dynamics.

Stanley Milgram's obedience studies demonstrated how individuals comply with authority, even when asked to harm others, if they believe the authority is

legitimate. Similarly, the Stanford Prison Experiment revealed how situational power dynamics can turn ordinary people into enforcers of control.

In tattle culture, individuals are manipulated into becoming agents of surveillance, often convinced they are doing the right thing. For example, during the C19 event, governments and media framed reporting neighbours for violating lockdown rules as a civic duty. This manipulation hinges on cognitive dissonance.

Individuals justify their actions by aligning them with a higher moral cause, whether it is public health, social justice, or national security. Over time, this creates a feedback loop where betrayal becomes habitual and trust in others erodes.



Technology has supercharged tattle culture, creating a **digital panopticon where surveillance is omnipresent and participatory**. Surveillance capitalism monetizes personal data, while facial recognition and geolocation technologies enable states to track individuals with unprecedented precision.

Online reporting portals, such as those used during the C19 event to report lockdown violations, formalize tattle culture, making it as simple as a few clicks.

Social media platforms amplify this dynamic, acting as distributed tattle networks where users report, dox, or cancel others for ideological infractions or social missteps. These platforms reward such behaviour with social capital—likes, retweets, or public praise—creating a gamified system of betrayal.

The C19 event provided a stark example of technology-enabled tattle culture. These tools blurred the line between state and citizen surveillance as individuals became willing enforcers of policy. The result is a society where privacy is eroded, and every action is subject to scrutiny, not just by the state but by one's peers.

Tattle culture is sustained by a **manufactured morality that recasts betrayal as virtuous**. Language

plays a critical role in this process, with terms like "speaking out," "calling in," or "raising awareness" framing tattling as an act of courage or compassion.

This linguistic shift obscures the act's true nature: the violation of trust for personal or ideological gain. The Marxist influence on this development is notable, as it aligns with strategies of divide and rule.

By pitting individuals against one another, whether through class, race, or ideological differences, tattle culture dismantles traditional loyalties to family, faith, or community, replacing them with allegiance to the state or prevailing ideology.

This manufactured morality blurs the line between civic duty and ideological policing. For instance, in workplace diversity training or academic settings, individuals are encouraged to report microaggressions or problematic behaviour, often anonymously.

What begins as a call for accountability morphs into a **system of ideological conformity** where dissent is punished and loyalty is redirected toward institutional power. This dynamic creates a chilling effect as individuals self-censor to avoid being reported, further entrenching tattle culture's grip on society.

The societal costs of tattle culture are profound. Trust, the foundation of any functioning community, is replaced by suspicion and isolation. Anxiety and tribalism flourish as individuals retreat into ideological camps, wary of betrayal.

Civil liberties erode as surveillance becomes normalized, both by the state and by citizens. The loss of privacy and autonomy fosters a culture of conformity where individuals conform to avoid scrutiny rather than out of genuine conviction.

Tattle culture stands in stark contrast to traditional values of loyalty, forgiveness, and neighbourly love, as exemplified in Biblical teachings and other ethical frameworks.

Tattle culture is not a spontaneous societal trend but a deliberate tool of soft totalitarianism designed to fragment trust, entrench power, and enforce conformity.

From its historical roots in authoritarian regimes to its modern manifestation in technology-enabled surveillance, tattle culture exploits human psychology and manufactured morality to turn citizens into agents of control.

The societal costs—mistrust, isolation, and the erosion of liberty—are steep, but resistance is possible. By rebuilding communities grounded in loyalty and forgiveness, and by rejecting participation in surveillance, individuals can challenge this insidious system.

History warns of the dangers of unchecked tattle culture: the choice lies with us to betray or to build, to tattle or to trust. Will the people of Canada circle the drain in the predictable downward spiral, or will we say no?

Peaceful non-compliance is the answer when facing a state that claims monopoly on violence.

If you'd like to follow Henry, please visit substack.com/@soberchristiangentlemanpodcast

The Crisis Playbook Has an AI Problem

By Carina Cedrechi via Instagram

I have a theory. **The next manufactured crisis is going to malfunction**. Not stumble, not underperform. Malfunction so spectacularly that somebody in a fluorescent-lit strategy room is going to be staring at a spreadsheet wondering why the human livestock stopped following the behavioural model.

Because for decades power has operated on something incredibly simple: **predictability**. Raise this price, people do that. Create this fear, people accept that. Remove this comfort, people become desperate enough to tolerate something they would have rejected six months earlier. Make survival slightly harder and suddenly terrible working conditions start looking like blessings.

Keep people exhausted, indebted, distracted, overweight, underpaid, overstimulated and scared enough. And theoretically they become wonderfully manageable. Human beings reduced to little economic laboratory rats. Pull lever. Release anxiety. Observe behav-

iour. Adjust interest rates. Repeat.

Except somebody forgot one microscopic detail: **the rats have Wi-Fi now**. And worse, **they have AI**.

I genuinely think 2020 broke something in the psychological machinery that cannot easily be repaired. Whatever anybody believes about the pandemic itself, millions of people experienced the same bizarre historical interruptions simultaneously. **Normal life stopped**. People went home. Schedules disappeared. Work changed. Institutions contradicted themselves. People suddenly had ungodly amounts of time to sit quietly and think. Which apparently was the most dangerous side effect imaginable.

Because once people discovered that enormous portions of modern life were simply arrangements we collectively agreed to participate in, **something woke up**. The rebellious streak came back. The pressure cooker started hissing. **People began asking questions** they had been too busy commuting 45 minutes to work to ask before.

Why am I spending my entire life working? Why

does productivity keep increasing while my purchasing power disappears? Why does everything somehow require another subscription? Why am I paying somebody else's mortgage through rent while being told I cannot qualify for my own? Why does every technological advancement supposedly save labour while everybody somehow feels more exhausted?

And now imagine trying to use the old psychological playbook on that population. Fine. Make them poorer. They'll work harder. Oh, sweetheart. You may have accidentally created people who would rather build six weird internet businesses from their kitchen table than return to your beige cubicle under fluorescent lighting while Kevin, from regional management, explains company culture.

"We'll automate their jobs." Fantastic. We'll automate ours too. "We'll use algorithms to manipulate information." Cute. **We have algorithms now**. "We'll use artificial intelligence." So will we. And that is the

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Compromise(d)?

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for clarification on his seeming embrace of wearable tracking technologies and received this response:

“What I was trying to say is that I want this technology to be universally available as one of the ways people can get on top of their health. Of course I don’t want to mandate it. And the idea of everyone’s body being hooked up to a data center somewhere is horrifying. This data should be private, and when it is shared with the device provider, it must be subject to health privacy laws.”

When put in context and weighed against previous HHS chiefs, Kennedy’s record, supporters argue, has in fact been remarkably good. “After all,” these defenders retort, “he’s just one politician trying to reform an entire bureaucracy. *Of course* he has to make some compromises.”

But there’s a funny thing about that word “compromise”...

Compromise(d)?

Remember that photo of Musk and Trump sharing a McDonald’s meal with RFK Jr. on Trump Force One right after the 2024 (s)election?

At first glance, it seems like a harmless hazing by the president-elect. It comes across to those not paying attention as just another instance of Trump and his playful sense of humour. Isn’t it funny, after all, to get “the MAHA guy” to eat a decidedly *unhealthy* meal to celebrate his political victory?

Upon closer inspection, however, the photo shows something much darker at play.

That meal was a humiliation ritual. Just months before his shameful supper, Kennedy had been bragging on a podcast that he had gone 3,057 days—more than eight years—without drinking a single Coca-Cola. His self-evident pride at that accomplishment, even getting his phone out to show the app where he keeps track of that statistic to the podcast host, provides a sad context for his “celebratory” McDonald’s dinner. Before he could be sworn in to the Trump administration, his Days Without A Coke counter had to go back to zero.

The meal was also an act of *compromise*. In order to assume his post as the head of HHS, RFK Jr. had to compromise himself, his values and even his own health.

This is not a trivial observation. It was symbolic not only of the *compromises* that Kennedy would be expected to make in his new role—compromises like supporting Trump’s EO on glyphosate—but of the fact that by making these political compromises, RFK Jr. would himself be *compromised*.

This is important because it’s what we’ve been told by everyone who has persisted in the MAHA hope-and-change movement since RFK Jr. first assumed office and started failing to deliver on his promises. “Give him time! He’s trying to turn around an entire

bureaucracy. He has to make some *compromises* in the meantime.”

Of course, they mean “compromise” in the positive sense. They mean the act of give-and-take that’s required to “get things done” in any democratic system.

“Of course he can’t just go in there and start de-authorizing mRNA boosters for infants! He can’t just ban glyphosate! He can’t tell people *not* to take the measles vaccine! Be real! He’s got to make compromises so that he can forward the MAHA agenda!”

But at what point does compromise stop being a positive thing? How many compromises does one have



to make before one becomes compromised? And how many compromises can MAHA afford to make before MAHA isn’t MAHA anymore?

The End of MAHA?

I’m hardly the first one to raise these questions about MAHA and the act of compromise.

Heck, even *Semafor* is reporting on “The fight for MAHA’s soul,” pointing out that whatever RFK Jr.’s supporters hoped to achieve by joining forces with MAGA to catapult Kennedy into his top health role, it wasn’t this:

“Kennedy is bouncing around Texas, New Hampshire, and Florida to tout the Trump administration’s work on chronic kidney disease, rural health efforts, and nutrition. Those are safe talking points for the midterms, but hardly the MAHA agenda Kennedy promised to deliver in Washington.”

Even Calley Means, the MAHA “superstar” who introduced RFK Jr. to Trump, has now resigned from the Trump administration, apparently frustrated by the lack of progress on meaningful reforms for getting food dyes and additives out of the food supply.

The Means story itself provides an interesting window into the MAHA phenomenon.

After all, we should be asking ourselves: *why* is Means a MAHA “superstar”? Because, by introducing Bobby and Donald, he started the process that culmi-

nated with Kennedy suspending his own presidential campaign and signing up to join forces with Trump and the MAGA movement.

But not everyone sees Means as a superstar. His critics assert he was always just a “sleazy pharma PR conman” who didn’t deserve the accolades and political position he received.

The rise of someone like Means—a former pharmaceutical industry consultant—to such a high position in the MAHA movement is a perfect example of the danger I’ve been warning about since the beginning of the Make America Healthy Again movement. The danger, of course, is that MAHA will just become another *political* movement. “Don’t worry about your own health, folks. Let the politicians do it for you! If you vote for the right candidate, he’ll fight off the corporate interests and deliver you health from Mount Olympus.”

This is comic book nonsense. **To the extent that MAHA is a *political* movement, it was *always* destined to fail.** There is no “compromise” with Big Pharma and Big Food that ends with a win for the average person. There is no way to reform this beast from within or to use the power of the state to take away the wealth and power of the oligarchs. The system is not designed that way. It will not allow that to happen.

You would have thought that those who hoped for “reform from within” might have learned their lesson when the “humble foreign policy” of candidate George W. Bush became the never-ending War of Terror of President George W. Bush. Or when

the “Hope and Change” of candidate Obama became the continuing War of Terror of President Obama. Or when the “Lock Her Up” and “Drain The Swamp” of candidate Trump became the “the Clintons are good people” and “Fill The Swamp” of Trump 1.0. Or when the “release the Epstein files” and “no new wars in the Middle East” of candidate Trump became the “Epstein is a Democrat hoax” and Iran War of Trump 2.0.

Now that RFK Jr. has demonstrated *yet again* that politicians are incapable of saving us from the dangers that the bought-and-paid-for political system has created, I wonder if people are finally ready to stop looking to Washington (or their country’s equivalent) for an answer to their problems.

Let me say it once more for the hard of thinking: **To the extent that Make America Healthy Again (or Make EVERYONE Healthy Again, as I prefer) is a *political* movement, it will always be a complete and total failure.**

But to the extent that it is a movement of free, sovereign individuals who are prepared to work together to take their health into their own hands, **it can be an overwhelming success.**

MAHA is dead. Long live MAHA!

Originally published at CorbettReport.com

The Road to Dictatorship

By Liam DeBoer | BlendrNews.com

“The moral to be drawn from this dangerous nightmare situation is a simple one: Don’t let it happen. It depends on you.”

—George Orwell, Statement on *Nineteen Eighty-Four* (1949)

Here’s how psychopathic narcissists establish dictatorships in **four simple steps**.

First: Radicalization.

The aspiring tyrants convince unsuccessful people and social outcasts that they are oppressed. This narrative, whether factual or not, becomes **a shield for their tyrannical aspirations**, camouflaged behind empty slogans of compassion, liberation, and virtue.

Once the victimhood narrative gains traction, the next phase unfolds: **Destabilization**.

Mobilizing their newfound army of victims, these psychopaths call for revolution against anything and everything resembling the status quo, arguing for the transfer of power from oppressors to the self-proclaimed liberators, aka the psychopathic narcissists. Now that existing power structures are being destabilized, the psychopaths take advantage of Littlefinger’s observation that **chaos is a ladder** and seize the opportunity to implant themselves in every facet of society, government, academia, media, and beyond.

This marks the onset of the third stage: **Crisis**.

By exploiting **manufactured crises** like war, public health emergencies, or economic turmoil, the psychopaths justify consolidating power under the guise of restoring social stability. Citizens unable to distinguish between wolves and sheep relinquish control in hopes that the tyrants will rectify the chaos that they created. With the psychopathic narcissists fulfilling their desires of centralizing power within their grasp, **any form of dissent becomes a threat to their rule**.

This is when the final stage ensues: **Normalization**.

Through **mass imprisonment or execution**, the tyrants now purge anyone who questions their authority, including the destabilizing victim warriors who aided their rise, as they’re sure to awaken to the fact that they’ve just replaced one oppressor with another.

Throughout this process, **only those who adhere to and enforce the tyrants’ doctrines are spared from political violence**.

This is why we must always remember O’Brien’s words in George Orwell’s *Nineteen Eighty-Four*: “One does not establish a dictatorship in order to safeguard a revolution; one makes the revolution in order to establish the dictatorship ... If you want a picture of the future, imagine a boot stamping on a human face forever.”

Originally published on Instagram @liam.out.loud

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The Front Sells, The Back Tells

By Zane Sampson

Stand in any grocery aisle and watch what people actually do. They pick up a box, look at the front for about three seconds, and drop it in the cart. Almost nobody turns the package around.

I know how that shelf works because I spent more than ten years on the other side of it. I managed a Natural Grocers store. I have owned brands in this industry and consulted for wellness businesses. I have been in the conversations where the front of a package gets decided, and I can tell you plainly what the front is. **The front is an ad.** It was written to sell you the product in about three seconds, and it is very good at its job.

The back is a different document. The back is the part the company is required to print. Ingredient lists. Nutrition panels. Warnings. Directions. Disclaimers. Nobody in marketing loves the back, because **the back is where the claims meet the facts.** Learn to read the back first, and the front loses most of its power over you.

Start in the grocery aisle. A cereal box will tell you it is made with whole grains, fortified with vitamins, and part of a balanced breakfast. Turn it around. Ingredients are listed in order by weight, so **the first ingredient is the biggest share of what is in the box.** On plenty of those boxes, sugar is second. Sometimes it shows up two or three times under different names, so no single listing looks too big.

Then check the serving size. The numbers on that panel are only as honest as the portion is realistic, and the portion printed is often smaller than what anyone actually pours into a bowl on a tired morning.

The same game runs down every aisle. A bottle of juice can call itself natural in big letters, because that word carries almost no legal weight. The back will tell you if it came from concentrate and what else went in. A granola bar can wear pictures of orchards and honey dippers on the front and carry more sugar than a candy bar on the back. **The front sells you a feeling about the food. The back just lists the food.**

Now walk over to the pharmacy aisle, because it gets more interesting there. A supplement bottle will promise big things on the front. Supports immune health. Promotes restful sleep. Clinically studied ingredients. Then, at the bottom of the back, in print small enough that most people never read it, sits the most honest sentence on the whole bottle: these statements

have not been evaluated by the food and drug authorities, and this product is not intended to diagnose, treat, cure, or prevent any disease.

That sentence is not fine print to skip. **It is the key to the whole shelf.** The claim on the front is allowed because it is built to sound like a promise without legally being one. It does not have to be proven the way a drug claim has to be proven. The disclaimer is there



because **the front is writing checks the back cannot cash.** The wording changes a little across the border, and the details differ, but the setup is identical in a Canadian store and an American one. Big promise up front. Small honesty in the back.

Supplements have one more trick worth knowing. Plenty of bottles list a proprietary blend on the back, a group of ingredients with one combined weight and no amounts for each one. The front will name the exciting ingredients in that blend, one by one. The back will tell you the whole blend weighs, say, 500 milligrams total, which means the ingredient doing the starring could be most of it or almost none of it, and nobody has to tell you which. Notice the pattern. **When an amount would impress you, a company prints the amount. When it would not, the amount disappears into a blend.**

Check the cleaners under your sink tonight, and you will find the same split personality. The front says the spray kills 99.9 percent of germs, that it is green, plant-based, free and clear. The back says to use it in a well-ventilated area, keep it out of reach of children,

and call for help if it is swallowed. A product can be gentle on the front and carry warnings on the back, and both panels are perfectly legal, because they were written for different readers. **The front was written for your feelings. The back was written for the record.**

Once you see the split, you start to notice how much of the front is built to scare you a little. Chemical-free, on products that are made of chemicals, because everything is. Non-toxic, without ever saying compared to what.

Labels designed to make your tap water, your soap, and your breakfast sound like threats you need protection from. **Fear is the fastest way to move a product off a shelf,** and the front of the package is where the fear gets printed in the largest type. The back is where fear goes to die, because the back has to deal in amounts, ingredients, and instructions instead of feelings.

You do not need a degree or an app to beat this. **You need one habit and three quick checks:**

First, read the ingredient list before you read the claims. Order means weight. If the ingredient being bragged about on the front sits ninth on the back, it is a garnish, not the product.

Second, hold the serving size up against your real life. A panel can make almost anything look reasonable if the portion is small enough. What matters is the amount you will actually eat, drink, spray, or swallow.

Third, match the biggest word on the front to a line on the back. If protein is huge up front, find the grams. If a claim is huge up front and you cannot find anything on the back that backs it, you have learned something important. **A claim a company will not put in writing where it counts is not a claim. It is bait.**

None of this makes the products the enemy. Most of what is on those shelves is fine, some of it is genuinely good, and all of it is easier to judge once you know which side of the package is talking to you.

Companies will keep writing the front. That is their job, and they are good at it. Your job is simpler, and it takes about five seconds. Turn the package around.

The front was written at you. The back was written for you. Check the back first.

Zane Sampson spent more than ten years in natural health retail, managed a Natural Grocers store, and has owned brands and consulted for wellness businesses. He is the author of SOLD ON FEAR and writes at zanesampson.com.

Knowledge Used to Have Toll Booths

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hilarious part. AI may have been envisioned by some institutions and corporations as the ultimate efficiency machine. Analyze populations, predict behaviour, automate labour, target advertising, optimize persuasion, eliminate employees, squeeze productivity until the spreadsheet starts smoking. **But regular people got access to it too. That changes everything** because now the cashier can learn coding. The construction worker can understand contract language. The mother working from home can build a business plan in 30 minutes. The teenager can learn economics without paying somebody \$80,000 for permission to read the same concepts. The employee can analyze their own employment agreement. The citizen can take a 900-page document written in bureaucratic hieroglyphics and say, “Explain this to me like I’m five.”

And suddenly **the priesthood of complexity has a problem. Knowledge used to have toll booths.** Now people are driving through the grass.

And yes, AI uses enormous infrastructure. Yes, data centres consume electricity and water. Yes, there are serious environmental questions surrounding this technology. Those conversations matter. Gigantic corporations automate half the planet. But telling ordinary people, “You personally should abandon one of the most powerful information tools ever placed into public hands because the infrastructure has environmental costs,” is going to receive approximately the reaction you would expect.

Absolutely not. Fix the infrastructure. Improve

cooling. Build cleaner energy. Regulate waste. Demand efficiency. But do not hand corporations a technological nuclear reactor and then lecture ordinary people because they plugged in a toaster.

For now, AI against AI. Algorithm against algorithm. Information against information. Automation against automation. **You built the machine. People learned how to drive it.**

And that is why I think the next major attempt to



psychologically squeeze populations may produce outcomes nobody modelled correctly. Because **the models were trained on yesterday’s humans.** Humans who believed institutions automatically knew better. Humans who depended on gatekeepers for specialized knowledge. Humans who could be isolated infor-

mationally. Humans who thought changing careers required another degree. Humans who believed rebellion required thousands of people standing together physically.

That human being is disappearing. Now **one pissed-off person with Wi-Fi, caffeine, three browser tabs and artificial intelligence** can become a researcher, designer, marketer, analyst, editor and entrepreneur before lunch.

Good luck modelling that. The pressure cooker already exploded once. People remember. **People compare notes.** People screenshot everything. People archive everything. People remix everything. And perhaps most dangerously for anybody relying on predictable human behaviour, people are starting to realize that **systems only function because millions of ordinary human beings wake up every morning and agree to keep operating them.**

So if someone somewhere believes the next crisis will automatically make everyone quieter, poorer, more obedient and easier to manage, they may want to update the software. **The population updated first.** And the machine you thought would make humanity easier to control may become the exact machine humanity uses to understand the control panel.

That would be the historical joke of the century. **You built artificial intelligence to study human behaviour, and humans turned around and used it to study you.**

Originally posted to Instagram @carinalh2014

Canada at a Crossroads

By Stan McDonald

Canada’s relationship with the United States has long been a fact of geography as much as policy. The border is immense, the economies are deeply interwoven, and millions of jobs, supply chains, and household prices are affected by decisions made on both sides. Yet the public debate has grown sharper: should Canada lean more heavily into its continental relationship, seek a more independent path, strengthen its ties with Europe—or attempt all three without sacrificing leverage at home?

I would argue that Canadians should begin with an unsentimental recognition of the country’s circumstances. **Canada should not surrender its independent judgment to Washington.** Rather, Canada should make policy with a clear understanding of the extraordinary asymmetry between the two countries and of the opportunity afforded by privileged access to the American market.

That framing raises a broader question: what would a practical, confident Canadian strategy look like at a moment when trade friction, defence commitments, energy politics, regional alienation, and debates about Canada’s international alignment are converging?

An Unequal Partnership

The Canada–U.S. relationship is profoundly integrated. Given Canada’s exposure to the U.S. market, policymakers should be candid about the country’s limited room for escalation when dealing with a much larger neighbour. A combative rhetorical posture may satisfy a domestic political audience while doing little to advance Canada’s practical interests.

This is a controversial emphasis, but it highlights a distinction often lost in political debate. **Sovereignty is not merely the freedom to make declarations; it is the capacity to make choices that can be carried out and sustained.** A country can insist on its right to disagree while recognizing that trade, investment, defence, and supply chains impose real costs when relationships deteriorate.

Canada need not choose submission to act prudently. Politicians should decide what serves Canadian interests and pursue it firmly, and diplomacy should be calibrated to the country’s actual leverage, particularly where the United States could respond through tariffs, procurement decisions, regulatory measures, or shifts in investment.

Europe and Integration

A major theme of the discussion is the prospect of closer Canada–Europe relations. Recent language about Canada’s European ties and “middle powers” suggests a political and cultural orientation that may place greater emphasis on Europe as an alternative centre of alignment. I am sharply critical of this approach; **Canada should not treat Europe as a strategic substitute for North America.**

I agree that European integration has helped reduce historic conflicts among European states, but the EU

has become overly centralized, heavily regulated, and insufficiently accountable. Whether one accepts that assessment or not, the underlying Canadian question is worth separating from the rhetoric: cooperation with Europe, including trade and security cooperation, is not the same as importing European institutions or allowing Canadian priorities to be set elsewhere.

The practical test is simple. Any closer agreement

subject does not resolve those tensions. It simply hardens the argument between regions.

Major Projects

The most constructive step the government can take is to look back at earlier Canadian projects—the railway and the St. Lawrence Seaway—as examples of infrastructure that did more than move goods.

They fostered a sense that the country could undertake difficult work across great distances and emerge more connected, more capable, and more confident.

The appeal to “major projects” is not an argument for any single project or for bypassing scrutiny. It is an argument that a country as large, resource-rich, and technically capable as Canada should be able to make decisions, build durable infrastructure, and coordinate across jurisdictions. That principle could apply to energy corridors, transmission, ports, housing-enabling infrastructure, rail capacity, northern access, water systems, defence readiness, or domestic supply chains.

The broader point is that **national confidence cannot be manufactured solely through branding**

campaigns or diplomatic speeches. It is built when people can see evidence that institutions are capable of solving problems, connecting regions, and converting potential into results.

A National Debate

What balance of independence and integration best protects Canadian prosperity? How should Canada manage a vital relationship with the United States without reducing itself to an appendage? What obligations do central Canada and Ottawa owe resource-producing regions? How can Canadians trade across their own provincial borders as freely as they expect to trade abroad? And what practical projects would make the country stronger for the next generation?

These are not abstract matters. They affect factory orders, farm inputs, gasoline and heating costs, construction schedules, household incomes, regional cohesion, and Canada’s ability to act in the world. A mature national discussion requires more than reflexive anti-Americanism, reflexive continentalism, or vague internationalism. It requires a willingness to identify the country’s strengths, acknowledge its dependencies, and make choices that improve the lives of Canadians in every region.

Canada’s future will not be decided by whether it speaks more warmly of Europe or more sharply of Washington. It will be decided by whether it can **govern itself with clarity**: build what it needs, trade intelligently, respect provincial realities, defend its interests, and give its citizens a reason to believe that the federation is still capable of ambitious common purpose.

Stan McDonald is a Canadian entrepreneur and metalworker focused on legal reform, public discourse, and property rights. He writes on sovereignty, government accountability, and small business solutions.



with the European Union should be assessed by what it actually changes: market access, standards, procurement rules, mobility, regulatory recognition, defence arrangements, and dispute resolution. Canadians should demand the text, the trade-offs, and the constitutional implications—not merely slogans about being “European” or avoiding status as a “51st state.”

A Fragmented National Market

Consider Alberta’s pipelines, as well as the internal barriers that fragment the Canadian economy. Canada has failed to fully develop and transport its own energy resources, leaving provinces such as Alberta frustrated by federal policies and restrictions on projects that could serve domestic and export markets.

The Canadian government should work to remove interprovincial barriers, build infrastructure in multiple directions, expand export capacity, and treat the development of Canadian oil and natural gas as a national project rather than a regional liability. At the same time, it should reduce Canada’s dependence on foreign countries, which would help sustain development within Canada. The persistent blockage of Alberta’s economic ambitions could intensify separatist sentiment.

Even Canadians who disagree with it should not take that warning lightly. The issue is broader than pipelines. **Confederation works only when citizens in each region see themselves as participants in a shared national project**—and when they believe the federation does not systematically prevent them from using their principal assets, skills, and opportunities.

A serious national energy strategy would need to address several competing obligations simultaneously: affordability, reliability, Indigenous partnership, environmental performance, emissions reduction, provincial jurisdiction, industrial competitiveness, and the need for transportation infrastructure. Avoiding the



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Distributed independently & completely free of charge.
November 2026 circulation: 150,000 copies Canada-wide
Original content ©2020-2026 DRUTHERS
Publisher & Editor-in-Chief: Shawn Jason
Administrator: Christie-Lynn
Editor: Michelle
Layout & Design: Michael Choo-Chong
Extra Special Thanks to: Kristy, Bob, and many more...
Comments & General Inquiries: info@druthers.net
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“Please world, be kind to one another. We really are just one big earth family. Thank you. I love you. Keep on passing it on.”

– Shawn Jason

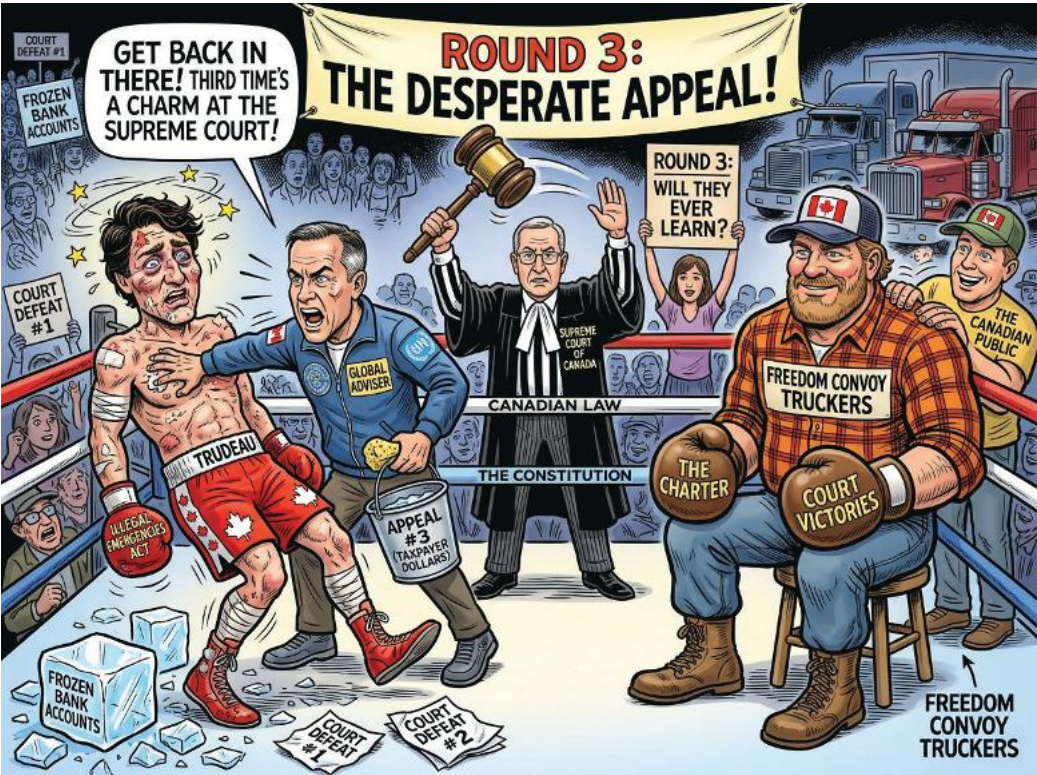
Absurdity Observer

Some of the Most Absurd Happenings in Recent Weeks

- **After losing two court battles over its use of the Emergencies Act against the Freedom Convoy, the federal government is going back for a third try.** On October 22, the Supreme Court agreed to hear Ottawa’s appeal after two federal courts ruled that the Trudeau government illegally invoked the Emergencies Act in 2022, using its extraordinary powers to freeze bank accounts and restrict protests. Rather than accept the rulings, the Carney government is now asking Canada’s highest court to overturn both decisions.
- **Interest on Canada’s federal debt now costs taxpayers more than \$1 billion a week—and the bill keeps growing.** According to the Parliamentary Budget Officer’s October 20 report, Ottawa is projected to spend \$59.3 billion on debt interest this fiscal year (roughly \$5,600 for a family of four). That figure is expected to soar to \$83 billion annually by 2030–31, while the government racks up another \$333 billion in deficits over five years. That’s billions going toward interest payments instead of hospitals, infrastructure, or tax relief, all while Canada falls deeper into debt.
- **Carney is spending \$2 billion in taxpayer money on heat pump rebates—and companies linked to his former employer could cash in.** Brookfield, where Carney was previously an executive, owns Enercare, which sells and installs heat pumps. Critics are raising conflict-of-interest concerns over his past investments and corporate ties.
- **The Canadian government once again decides what qualifies as journalism.** The Federal Court of Appeal has upheld the CRA’s refusal to grant Rebel News federal journalism tax status. The CRA determined the outlet did not qualify, citing excessive commentary, a failure to present opposing viewpoints, and its activism during the Freedom Convoy.
- **After September’s four-day Allison Inquiry on Parliament Hill, where dozens of Canadians testified about devastating COVID-19 vaccine injuries, Canadian Health Minister Marjorie Michel dismissed the Allison Inquiry outright, stating:** “We have no comment on the Allison Inquiry. Vaccines are safe and effective, and they save lives.”
- **A BC brewery co-owner was fired for wearing a T-shirt that simply read “Show Me the Evidence.”** On September 30, the National Day for Truth and Reconciliation, co-owner and head brewer of Sooke Brewing Company John Adair was photographed wearing the shirt at work. After online outrage erupted, the brewery issued a public apology, fired Adair, and temporarily shut its doors. Many interpreted the slogan as questioning claims surrounding unmarked

graves near residential schools, although Adair has not publicly explained its meaning.

- **In Montreal, hurting a police officer’s feelings**



- could cost you up to \$2,000.** A new city bylaw makes it punishable to insult police officers and other municipal employees.
- **A Quebec man had his fine for displaying a protest sign dropped only to be fined again three days later!** Brian Jenkins was ticketed in Sherbrooke for wearing a sandwich-board sign expressing anti-abortion views under a bylaw banning commercial advertising signs even though he wasn’t selling anything. The city withdrew his ticket, but police fined him again under the same bylaw for the same peaceful protest.
- **BC is once again offering COVID-19 shots to children as young as six months** (even though the WHO no longer routinely recommends revaccinating healthy children.) Remember Dr. Bonnie Henry? She oversaw vaccine passports, Christmas gathering bans, and public health guidance suggesting “glory holes” for safer sex. Now she’s promoting BC’s 2026–27 COVID vaccination campaign, offering free shots to everyone six months and older.
- **A new analysis of US government data reports links between childhood COVID-19 vaccination and autism, ADHD, anxiety, and special-education use.** Examining 21,990 children, researchers reported in a preprint study (Hulscher et al.) 32% higher adjusted odds of autism, 33% for ADHD, 27% for anxiety, and 19% for special-education use among vaccinated children. Children aged 5–7 who received three or more shots had 154% higher reported odds of autism than unvaccinated children.
- **Washington State is investigating a nonprofit for**

- cleaning up Seattle’s streets without proper safety and hepatitis B vaccination records.** Since 2020, We Heart Seattle has removed trash, discarded needles, and drug paraphernalia from public spaces. Now, instead of praise, the group faces a state investigation over a lack of safety and hepatitis B vaccination records (even though volunteers use protective gear and proper disposal containers).
- **153 countries just backed a new UN pandemic declaration that calls for countering vaccine hesitancy and health misinformation.** Canada supported the October 12 declaration, while only the US, Israel, and Argentina voted against it. The declaration raises questions about who decides when legitimate scientific disagreement becomes “misinformation.”
- **A Scottish museum has removed ancient Egyptian mummies from display because they never gave their “informed consent.”** Glasgow’s Kelvingrove Art Gallery and Museum removed several mummified remains, including those of an Egyptian priest who lived nearly 4,000 years ago.
- **Google wants to release 64 million bacteria-infected mosquitoes into the wild.** The company has applied to release lab-bred mosquitoes in Florida and California to prevent wild mosquitoes from reproducing. In 2021, Oxitec began a separate experiment releasing genetically modified mosquitoes in the Florida Keys. Now, Tampa Bay is experiencing its largest dengue outbreak in decades.
- **In Britain, a 15-year-old boy was dragged out of bed and arrested by four police officers for mocking a politician on Facebook.** The teenager ridiculed a Conservative councillor for wearing shorts, posted a picture of him with rabbit ears, and called him a “rent boy.” Police alleged he committed harassment, malicious communications, and potentially a “hate crime.” They searched his bedroom, seized electronics, collected his DNA, and banned him from council meetings while on bail. Meanwhile, British police made more than 12,000 arrests in 2023 under laws covering offensive and malicious communications.
- **Food bank visits in Canada have more than doubled since 2019, and even Canadians with jobs are struggling to afford groceries.** With food prices up approximately 30% since 2021, Food Banks Canada’s latest *HungerCount 2026* report reveals a staggering 2.35 million food bank visits in March alone—up 117% since 2019 and nearly 9% in just one year. Children accounted for almost 776,000 visits, while roughly one in five food bank clients reported employment as their main source of income.



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