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ZERO MEAT by 2030

By Charles Rotter, wattsupwiththat.com

Buckle up, folks, because the latest scheme cooked up by the climate cultists, called *"The Future of Urban Consumption in a 1.5°C World,"*[1] is here. But before we dive into the insanity, let's take a quick look at the Frankenstein behind this disaster—the **C40 Cities Climate Leadership Group.**

Formed in 2005, the C40 Cities initiative started as a network of major world cities coming together under the guise of fighting climate change.[2] Founded by then-Mayor of London, Ken Livingstone, this group has morphed into a global cabal of 97 cities—representing over 700 million people—working together to impose draconian climate policies that governments wouldn't dare pass at the national level. These mayors, in love with their newfound global power, have turned C40 into a petri dish for radical climate action, setting the stage for policies so extreme they'd make the Green New Deal look reasonable.

The group's mission? To turn cities into the front line of the so-called *"climate emergency."* Forget waiting for national governments—C40 thinks it's time for your local mayor to impose sweeping changes on how you live, what you consume, and what freedoms you have left. And here's the kicker—they're doing all of this without your vote or consent, using unelected global bureaucracies to push their agenda.

Their latest report, The Future of Urban Consumption in a 1.5°C World, is the holy grail of eco-dystopian fantasies. It's a blueprint for gutting the economy, wrecking industries, and—most importantly—**controlling every aspect of your life**. This isn't just about reducing emissions; it's about **using climate change as an excuse to expand government control** over your personal freedoms.

Consumption-Based Emissions: The New Way to Blame YOU

Let's kick this off with their latest con, the idea of **consumption-based emissions.** You buy a car? Well, you're not just responsible for the gas it burns. Oh no, you're now responsible for the steel, the rubber, the shipping, and the manufacturing process, regardless of where any of that takes place. **85% of the emissions they're blaming you for come from somewhere else** , and yet, somehow it's YOUR fault because you dared to buy a product. See how slick that is?

*"**Urban consumption is a key driver of global greenhouse gas emissions.** Cities can have a significant impact on greenhouse gas emissions beyond their geographic borders by influencing global supply chains."*

This is the scam: shift the blame to YOU, the consumer, and then shame you into compliance. It's brilliant, really, if your goal is to micromanage people's lives. They get to blame you for every factory in China spewing carbon because you bought a t-shirt. And here's the kicker—they don't expect the rest of the world to clean up its act; they expect YOU to cut back, suffer, and shut up.

CONSUMPTION INTERVENTION	PROGRESSIVE TARGET IN 2030	AMBITIOUS TARGET IN 2030
Dietary change (this intervention is characterised by three major changes which are described in more detail)	**16 kg** of meat per person per year[31]	**0 kg** meat consumption
	90 kg dairy consumption (milk or derivative equivalent) per person per year[32]	**0 kg** dairy consumption (milk or derivative equivalent) per person per year

This is not a conspiracy theory. This is a screenshot from the actual document outlining the C40 Cities project. One hundred mayors of the world's largest cities have signed on, including Toronto, Montreal & Vancouver. See the document:
arup.com/globalassets/downloads/insights/arup-c40-the-future-of-urban-consumption-in-a-1-5c-world.pdf

Mayors as Mini-Dictators: Power Grabs Disguised as Climate Leadership

Now, onto the real heroes of this story: your local mayor. That's right, according to this report, city mayors are supposed to morph into eco-warriors and **reshape markets** by telling you what you can and can't buy . Oh, and they'll be getting into sectors they have no business touching, like **aviation, food, and even clothing**. Your mayor—who can't even fill potholes on time—is now going to be in charge of limiting your meat consumption, slashing your car ownership, and determining how often you can fly to visit your family.

"The key consumption categories that cities should target are food, buildings and infrastructure, clothing and textiles, private transport, aviation, and electronics and household appliances."

This is insanity on a whole new level. These bureaucrats, who couldn't manage a bake sale without screwing it up, are suddenly climate experts who will dictate how you live your life. According to the C40 report, mayors need to be ***"entrepreneurial"*** in creating markets that enforce these draconian cuts on consumption. The irony is rich because when was the last time a government entity ever created anything worth a damn?

These clowns want to create markets? What does that even mean? Translation: they want to crush free markets and replace them with bureaucratic controls, the kind only a socialist could love. They want to shut down industries that make cities thrive—transportation, food, clothing, and more—while dictating what you, the plebeian, are allowed to consume.

Killing Jobs, Crushing Economies: The Economic Suicide Pact

Oh, but wait—it gets worse. The report is full of idiotic recommendations that will blow up entire sectors of the economy. They want cities to **cut clothing purchases by 66% by 2050**. Do these morons have any idea what this means for jobs in the retail, textile, and shipping industries? Apparently not. You don't need new clothes, peasant. Wear that ragged old hoodie for the next 20 years while they lecture you about your "*carbon footprint.*"

And don't get too attached to your car, either, because they're coming for that next. **Reduce car ownership by 39% by 2050?** Great idea—unless you actually need to, you know, get places. But hey, if you live in some urban utopia where public transport actually works (it doesn't), maybe you'll be fine. For the rest of us in the real world, this is a non-starter.

And let's not forget **aviation**. These morons want to slash air travel, too, because, apparently, flying to visit relatives is a crime against Gaia. Less flying, fewer jobs, but more trees or something. You'll just have to accept that Grandma's birthday isn't worth the climate destruction caused by your round-trip ticket. Never mind that the people pushing this will still be jetting off to Davos or their fifth climate summit of the year—rules are for you, not them.

Green Tyranny: Engineering Behaviour, Not Solutions

Now comes the really insidious part. The entire report is based on the idea that **your behaviour needs to change—not the behaviour of the industries or the energy producers, but yours**. The elitists behind this report are obsessed with engineering how you live, what you eat, and how much you're allowed to consume.

They want to tell you to **eat less meat** because, of course, animal agriculture is a villain in their story. Forget that many people rely on it for protein and livelihoods—nope, you're expected to get with the program and adopt a diet of kale and soy because someone in an air-conditioned office decided that's what's best for the planet.

And don't even think about upgrading your phone or replacing your aging refrigerator. Nope, you'll be punished for that too. They expect you to stretch your

See 'No More Meat?' p.5

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Forest of the Fallen

By T. Harrison

"Pop-up" is a term you may associate with markets, dances, or art installations. Imagine a pop-up that is a caring memorial to your fellow citizens who have been injured or killed.

Such events are being created in many parts of Australia and were originally the brainchild of one woman who wanted to do something to reach the public with a message that was otherwise censored. The pop-up displays, named Forest of the Fallen, bear silent witness to those killed or injured by genetic vaccines. Each laminated sheet, swaying gently on bamboo stakes, holds the photo and particulars of one individual missing in public discourse.

The Forest of the Fallen website stresses that these displays are not meant as a protest or a database and do not have a political association or an "anti-vax" message. They are simply a way to compassionately honour some people's experiences.

In the words of journalist Alison Bevege, who writes the Substack blog Letters From Australia, *"The power is in the silence and space. Letting people discover the stories for themselves, without anybody telling them what to think or how to feel."*

Strolling through a park, along a sandy beach, or on a city street, Australians may now chance upon a temporary pop-up display that asks them to linger, read, look into the eyes of their fellow citizens, and consider. Volunteers at the sites have found that this sometimes elicits a sharing of similar stories, as people who may be silenced in other social spaces feel encouraged and empowered to speak of their own hidden experiences.

Selkie, the woman who started this movement, created a PDF containing stories of vaccine deaths and injuries that were in the public domain and researched information about the individuals. Then, she made a website and invited volunteers to contact her.

Those interested could print out the PDF, one sheet per person to be included in the memorial. Once laminated, the sheets could be mounted on 1.5-metre bamboo stakes (think gardening supplies), and then the stakes could be pushed into sand or soil: a street-side boulevard of grass or plants, alongside a trail, in a grove of trees.

Anywhere a temporary Forest of the Fallen pops up for a few hours, it fosters communication and shows solidarity with isolated or bereaved people.

At the time of writing, this movement has become widespread in Australia, thanks to many volunteers, but hasn't so far reached other countries. Yet, this simple and peaceful movement, according to Alison Bevege, *"... helps raise awareness of the scale of the problem."* A forest of placards in a public space is a visible token of all that has been censored, unspoken, and hidden. In an important interview with Dr. John Campbell of the UK, she explained that Twitter and Facebook both took down support groups created for the vaccine injured.

Now on Instagram, with videos on Odysee and its own website, Forest of the Fallen celebrates ordinary citizens volunteering their time to raise awareness of the true scale of an international issue. *"You can do this too,"* declares Letters to Australia. So, would you like to bring the Forest to Canada?

This might be your chance to peacefully and compassionately raise awareness. To begin the process, find the Forest's website and contact Selkie for a booklet about how this movement can be reproduced internationally.

Sources:

- theforestofthefallen.com
- lettersfromaustralia.substack.com/p/forest-of-the-fallen-takes-off-around
- lettersfromaustralia.substack.com/p/forest-of-the-fallen-we-did-it-and
- youtube.com/watch?v=DIae2tL-6LQ

FREEDOM WINS!

- **Alberta Premier Danielle Smith has proposed new legislation that will prohibit gender reassignment surgeries for minors under 18, and will place restrictions on hormone therapy and puberty blockers for youth under 16.** Smith also says the proposed legislation will require parental notification for a teacher or staff member to change a child's name or pronoun.
- **Teacher fired for refusing to use student's preferred pronouns gets $575K settlement.** The teacher, Peter Vlaming, argued his termination was a violation of his religious beliefs.
- Mainstream news is dying: **CTV News Vice-President Richard Gray admitted during a parliamentary committee that the broadcaster is losing $40 million a year and that viewership is declining year over year.**
- **Canadians' trust in news media continues to wane, with only 32% believing that news outlets present "accurate and impartial" information,** according to research by the Canadian Radio-television and Telecommunications Commission (CRTC). Less than one-third of respondents expressed satisfaction with the quality of information and analysis provided by Canadian media.
- Toyota Motor Corporation has announced significant changes to its "DEI initiatives" (proactive and deliberate actions organizations take to promote diversity, equity, and inclusion). In a memo sent to its US employees and dealers, **Toyota said it would no longer support "diversity, equity, and inclusion" events such as LGBTQ events and Pride parades.** The changes followed a wave of similar corporate rollbacks across North America.
- **Six California transit workers terminated for refusing the COVID-19 vaccine due to religious reasons have been awarded $7.8 million** by a federal jury. The six former San Francisco Bay Area Rapid Transit District (BART) employees will each receive more than $1 million in compensation because BART unlawfully denied their religious accommodation requests, forcing them to choose between their faith and their jobs.
- **An Ontario man found guilty of criminal "common nuisance" for protesting COVID restrictions has his charge dismissed on appeal.** Cullen McDonald, 34, has won a significant legal victory after a Superior Court judge overturned his criminal conviction related to an anti-lockdown protest in St. Catharines. The ruling concluded a three-year legal battle over McDonald's participation in protests against COVID-19 restrictions in Ontario and has attracted national attention for its potential implications, particularly regarding the imposition of criminal charges for provincial public health violations. After the hearing, an emotional McDonald addressed the large crowd, *"Don't give up hope, no matter what they (expletive) throw at you."*
- New Jersey Senator Cory Booker has introduced legislation to remove toxins from school lunches and increase support for regenerative agriculture. His bill, ***"Safe School Meals Act,"* addresses heavy metals, pesticides, harmful additives, and chemicals in both food and packaging.** The bill was inspired by a *Moms Across America* study, which revealed that, out of all 43 lunches tested, all of them contained heavy metals, most contained glyphosate, the majority contained other harmful pesticides, and all of them were extremely low in nutritional value. Approximately 30 million school meals are served daily in the US.
- Thirty U.S. lawmakers have signed on as co-sponsors of House Bill 9828, known as the **End the Vaccine Carveout Act. This proposed legislation aims to eliminate the broad liability protections currently granted to vaccine manufacturers** for injuries related to vaccines included on the CDC's Childhood Immunization Schedule.
- **Texas passed a new law prohibiting healthcare workers from prescribing puberty blockers and hormone therapies to children** for so-called "gender-affirming care."
- **Charges against former West Lincoln, Ontario, mayor Dave Bylsma, related to pandemic-era social gathering restrictions have been withdrawn.** Lawyers from the Democracy Fund successfully argued that the charges reflected overly stringent public health measures and that continuing the case was not in the public's best interest.
- **A Dutch court has ruled that billionaire Bill Gates will face trial in the Netherlands over alleged public misinformation about COVID-19 vaccine safety.** The case, brought by seven plaintiffs claiming vaccine injuries, names Gates, former Dutch Prime Minister and NATO Secretary General Mark Rutte, members of the Dutch COVID-19 Outbreak Management Team, Pfizer CEO Albert Bourla, and the Dutch state. Plaintiffs allege the defendants promoted vaccines they knew were unsafe.
- **The Association of American Physicians and Surgeons (AAPS) Educational Foundation has filed a federal lawsuit against the Biden Administration and board-certifying organizations that threatened to, and sometimes have, revoked board certifications of physicians for their outspokenness on matters of public policy.** *"This new form of censorship is more dangerous than prior infringements on freedom of speech,"* AAPS's attorney Andrew Schlafly observed, *"when physicians are silenced by threats to revoke their board certification, that infringes on the constitutional right to hear what they have to say."*
- **The Association of American Physicians and Surgeons (AAPS) has filed a lawsuit, seeking to block the upcoming requirement that tens of millions of Americans provide their personal information to federal agencies** beginning January 1, 2025. The Corporate Transparency Act (CTA) imposes this new reporting requirement on more than 30 million entities, such as small businesses, sports clubs, civic groups, and political organizations.
- Win for the fight against hidden fees: **Cineplex was fined $38.9 million for adding a hidden $1.50 fee at checkout** when non-loyalty program customers purchased tickets online.
- **Another rural Southwestern Ontario community says no to wind turbines.** The Zorra Township Council voted unanimously against a potential wind turbine project or any such future development in the community. The council also insisted that it won't back any new wind turbine projects on its turf until the province revises its policy and gives municipalities more information about their impacts.

Trudeau's Immigration Cut is Good, but 395,000 Permanent Residents a Year is Still Mass Immigration

By Riley Donovan

On Wednesday, the same day that the Liberal caucus gathered to hear the contents of a letter signed by 20 Liberal MPs asking for Trudeau to step down, the National Post broke the story that the Trudeau government plans to slash immigration levels. The next three-year Immigration Levels Plan would have normally been released on November 1st, leading to speculation that one of the prominent topics in the three-hour-long caucus meeting was how the prime minister plans to accommodate the dramatic public opinion shift against high immigration.

While listening to yesterday's press conference and reading through various analyses, the principal goal of the Liberal immigration pivot became clear. After the pandemic, the Trudeau government pulled out all the stops on the temporary resident streams (mainly international students and foreign workers) and allowed this population to soar to roughly three million—about 7% of Canada's population. We all know the consequences this had on our housing, infrastructure, social services, schools, hospitals, food banks, and social cohesion. The backlash among the Canadian public was unprecedented, and the Liberal government is now attempting to reverse this disaster.

Tougher rules for temporary residents

Throughout this year, Immigration Minister Marc Miller has been toughening rules on international students and foreign workers (embarrassingly, this mostly consisted of restoring rules that the Liberals had removed). I catalogued ten such rule changes in this article,[1] including fairly major ones like placing strict new restrictions on low-wage workers and then dramatically expanding the definition of what constitutes a low-wage worker. Now, the Trudeau government is cutting permanent resident levels to 395,000 in 2025 (until now, this number was slated to rise to 500,000 in 2025). In the unlikely scenario that Trudeau is still prime minister after next year, the number would fall to 380,000 in 2026, and 365,000 in 2027.

Both the Trudeau government and mainstream figures like bank economists agree that the combined effect of these two desperate strategies—tightening rules on temporary residents and then cutting permanent resident levels—will cause population growth to stop—not slow, but stop. To be more accurate, the population is actually projected to shrink by 0.2%.

How could Canada's population stay flat or shrink, if we are still allowing in 395,000 permanent residents, as well as a smaller but not insignificant number of new foreign students and workers? There are two reasons: 1) about 40% of those new permanent residents are going to come from the pool of temporary residents, and 2) the tightened restrictions and reduced permanent resident levels will lead to a massive exodus of temporary residents.

How massive? Senior BMO economist Robert Kavcic writes that there will be a net temporary resident outflow of 445,000 per year over the next two years. It sounds exaggerated, but it isn't. Because temporary residents are always leaving and always arriving—that's the nature of the temporary resident streams—even a small change to arrivals or departures has a dramatic effect on the population of temporary residents.

Exodus of temporary residents

That's what happened after the pandemic, when the Trudeau government turned the dial up a little, and Canadians woke up two years later to realize that 7% of the country is here on a temporary visa. And that's what's happening now, except in reverse. The dial is being turned down, and we are going to see major outflows of temporary residents.

And that's a good thing because the Liberals never should have let so many temporary residents come to Canada in the first place. The Trudeau government's decision led to real suffering for Canadians—senior citizens moved into RVs or gave up buying meat because they couldn't pay sky-high rent, young couples delayed family formation because housing prices soared, and many Canadians watched helplessly while their neighbourhoods were rendered chaotic and unrecognizable as immigration profiteers turned single-family homes into international student rooming houses.

The disastrous Liberal immigration policy also led to suffering for the foreign nationals who were treated as abstract economic units whose only function was to fill so-called labour shortages, including the international students who Marc Miller described as "assets that are very lucrative". Young men from Punjab were essentially imported to serve the needs of business interests in Canada, and many will now return in shame to their family's farms—some of which were mortgaged to fund their journey here. Canada's temporary resident population needs to be dramatically reduced, but the human cost of the reduction could have been avoided had the Liberals not created this situation in the first place.

There are notable flaws to the immigration cut. If 40% of new permanent residents are coming from what Marc Miller described as the "young labour pool" of temporary residents—many of whom work in low-skill sectors like fast food and retail—this means that the skill level of the average permanent resident will go down. This is another consequence of the Liberal government's incompetence on immigration.

Yet another consequence of the jaw-dropping Liberal immigration incompetence

Another flaw is that some of the temporary residents will not leave after their visa expires and will instead join the black market and stay illegally as long as possible. Though he still supports the idea, Minister Miller has thankfully backed down on his plan for a general amnesty (which he euphemistically calls a "mass regularization"). Still, this means that Canada will have to deal with an increased population of illegal immigrants on our soil (we already have somewhere between 300,000 and 600,00). Poor, desperate, probably resentful, with non-existent or fake documents, this population will be a thorn in Canada's side. Locked out of most employment, some may turn to petty or organized crime.

This being said, Prime Minister Trudeau's immigration U-turn is a good thing. If estimates are correct, population growth will stall next year. As I have argued in many articles, Canada is better off without immigration-driven population growth. The temporary resident population should start to shrink—fulfilling the wishes of Canadians who don't want this country to rely on a foreign slave class like the Arab Gulf States, and reducing pressure on all of our systems, notably housing and healthcare. This should also help reduce unemployment and potentially boost domestic wages.

Most importantly, the immigration cut shows that, though our political elite clearly has little regard for ordinary Canadians, it is nevertheless capable of being pressured into restricting immigration by an outraged citizenry. Advocates for immigration restriction—and I count among their ranks all of my loyal readers who share this publication's articles, raise hell on social media, and write to their elected representatives—have made this country's out-of-touch political class tremble. This was accomplished despite an Official Opposition that marched lockstep with the Trudeau government's mass immigration agenda until very recently when it became politically convenient to echo the concerns of Canadians.

Much work remains to be done

A permanent resident level of 395,000 is still shockingly high—a little less than a new London, Ontario, every single year. This scale of immigration will still raise housing prices, strain infrastructure, congest roads, grow diasporas in urban areas and thereby invite foreign interference in our political process, crowd our schools and hospitals, negatively impact wages, reduce social cohesion, and erode national identity by dramatically increasing the percentage of our country born outside Canada.

Once it is no longer counterbalanced by large temporary resident outflows, an annual rate of 395,000 permanent residents will go back to growing our population and fulfilling the Century Initiative's objective of 100 million Canadians—just more slowly than before. I will elaborate on the details in a future article, but I will briefly note here that 395,000 permanent residents per year are also astronomically out of step with our historic permanent resident levels, which were much lower.

On the temporary resident front, our experience over the last few years has taught us that these streams mostly serve the needs of business interests and cause suffering for Canadians of all backgrounds. Why should we bring in either low-wage or high-wage foreign workers at all? Why should the international student stream be treated as a pipeline to permanent residency rather than a truly temporary study visa? Why should our immigration system put anyone other than Canadians first?

Canadians who support immigration restriction should celebrate this major victory, stay vigilant, and keep the pressure up on political representatives of all parties. The fight to dismantle the immigration Ponzi scheme is only just beginning.

1. dominionreview.ca/canadas-political-elite-is-very-slowly-buckling-to-publics-demand-for-immigration-restriction

Originally published at dominionreview.ca

Websites of Interest

Please note, these websites are provided as sources of alternative information. Druthers does not necessarily agree with all material found on these sites. Please use your own discretion, yet keep an open mind. Explore and analyze information and evidence with us. You can visit druthers.ca to get in touch.

vaccinechoicecanada.com
freedomrising.info
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globalresearch.ca

Last Updated September 2024

Thinking of Taking A Flu Shot? Read This First

By World Council for Health

If you're of a certain age or demographic and in the northern hemisphere, chances are you're being invited or encouraged to get a flu vaccine. The claim is that flu vaccines protect you and others from coming down with flu—and that if you do get it, the symptoms will be mild. So, is this true?

Many scientists see the flu shot as an unnecessary measure. For one thing, there's a big question over whether the flu vaccine even works, particularly for older people, for whom it is recommended. Studies show that the vaccines often do not match the circulating viruses, and no significant effects on serious complications or hospitalizations have been demonstrated.

You'd think that vaccinating people against flu would lead to a reduction in deaths from flu. But figures show that this isn't the case. In fact, even though the number of flu shots given has increased more than eightfold, the number of flu-associated deaths has remained more or less unchanged.

There's a logical explanation, and it goes like this:

Antibodies are not enough

Flu vaccines, like any other vaccine, primarily rely on the so-called Th2 antibody response. This generates antibodies to help the body fight off the influenza virus once it enters the bloodstream. What vaccines *don't* do is impact the first line of defence in the nasal mucosa. This part of the innate immune system does not use antibodies, and it is here where respiratory viruses replicate.

This is why vaccines for respiratory viruses will never prevent infection or the transmission of the disease.

The immune response to vaccinations also decreases with age, which further reduces the already weak effect of vaccination in older people. Studies bear this out. In particular, a 2012 article in the *British Medical Journal* quoted an independent study that looked at data from 1967 to 2012 and concluded there isn't strong evidence showing that the flu vaccine consistently protects people. While it does offer some protection for young, healthy adults who usually don't face serious flu complications, the researchers noted that there is not enough evidence to support its effectiveness for older adults (65 and older), who account for more than 90% of flu-related deaths.

Recent research into the efficacy of flu shots also reveals their limitations

In 2020, *Anderson et al.* showed that influenza vaccination of 60 to 70-year-olds in England and Wales had **no discernible positive impact** on hospitalization or deaths

Another study in Japan reported on 83,146 individuals aged 65 years and followed them up over six years. In 2023, the incidence of hospitalization for influenza did not differ significantly by vaccination, and the claimed protective effectiveness against incidence waned quickly after four or five months.

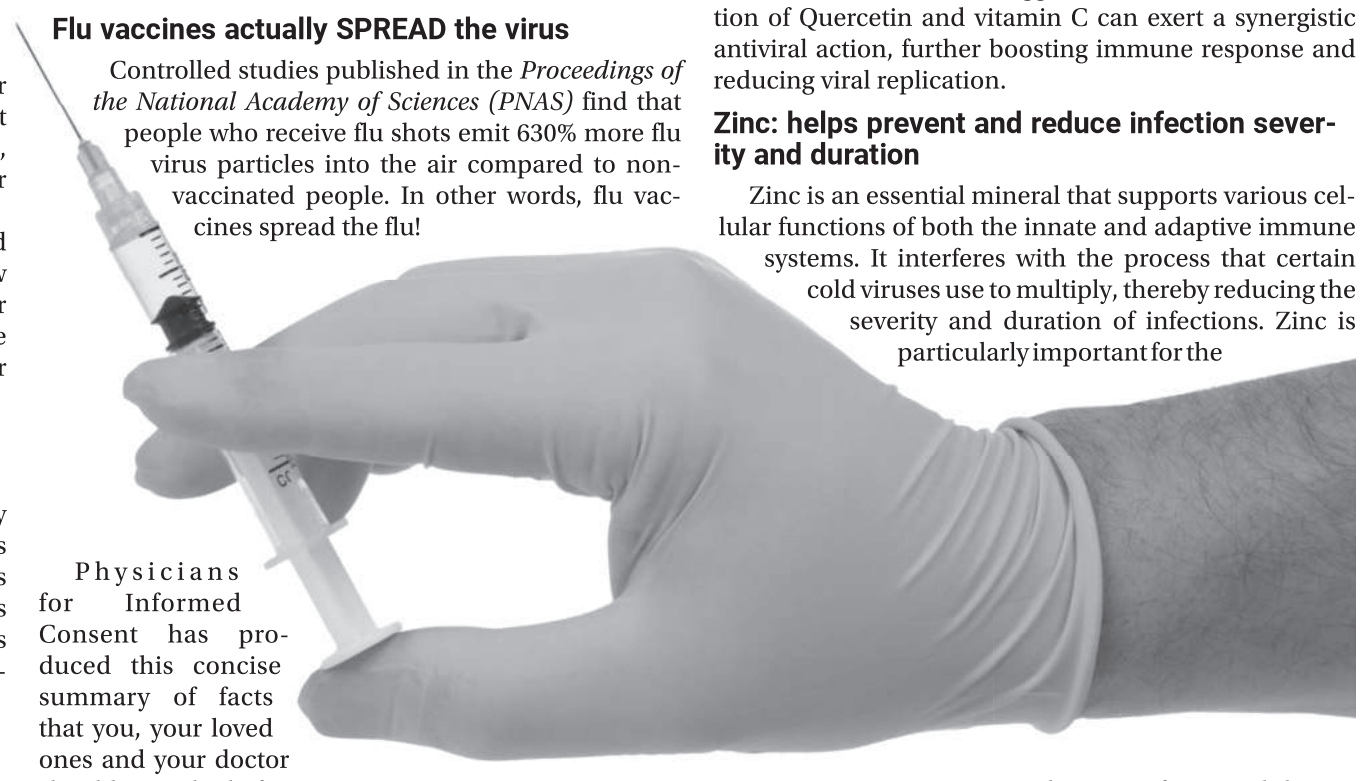
Another 2020 study from Anderson and team analyzed data covering 170 million episodes of care and 7.6 million deaths. Turning 65 was associated with a statistically and clinically significant increase in the rate of seasonal influenza vaccination. However, **no evidence indicated that vaccination reduced hospitalizations or mortality among elderly persons**. The study points out that estimates were precise enough to rule out results from many previous studies.

This is not just a concern for the elderly but for all those with weakened immune systems, including those undergoing immunosuppressive treatments or individuals with chronic health conditions. In such cases, the Th2 response may not produce enough protective antibodies to effectively combat the virus, leading to a higher risk of severe illness.

Here's another reason to exercise caution about the flu vaccine:

Flu vaccines actually SPREAD the virus

Controlled studies published in the *Proceedings of the National Academy of Sciences (PNAS)* find that people who receive flu shots emit 630% more flu virus particles into the air compared to non-vaccinated people. In other words, flu vaccines spread the flu!



Physicians for Informed Consent has produced this concise summary of facts that you, your loved ones and your doctor should consider before a potential injection.

All this leads to an important next question:

If the flu shot isn't a good idea, what is?

The flu shots' limitations make the prevention and treatment of flu with nutritional supplements like vitamin D, quercetin, and zinc more appealing and safe. These supplements not only enhance the immune response but also offer additional antiviral and anti-inflammatory benefits:

Vitamin D protects the lungs and airways - and much more besides

Studies have shown that vitamin D supplementation can significantly reduce the risk of influenza infections by enhancing the body's immune response. It works by modulating the expression of inflammatory cytokines and increasing macrophage function, which are essential for fighting off infections.

Moreover, vitamin D has been found to protect the lungs and airways through the antimicrobial peptide cathelicidin, which has both antibacterial and antiviral properties. Vitamin D supplementation shows promise in reducing the risk and severity of respiratory infections, including influenza. The evidence suggests that consistent vitamin D intake can lower the incidence of acute respiratory infections, shorten the duration of symptoms, and enhance immune response, particularly in the elderly. These benefits can translate into reduced hospitalizations and deaths due to flu, making vitamin D a valuable component in flu prevention and management strategies.

Quercetin: a powerful antiviral and zinc's vital wingman

Quercetin is a flavonoid found in many fruits and vegetables, known for its antiviral, anti-inflammatory, and antioxidant properties. It has been shown to inhibit the entry and replication of viruses in lung cells, making it a potent candidate for managing respiratory infections like the flu. Quercetin also acts as a zinc ionophore, facilitating the transport of zinc into cells, which enhances its antiviral effects. Studies suggest that the co-administration of Quercetin and vitamin C can exert a synergistic antiviral action, further boosting immune response and reducing viral replication.

Zinc: helps prevent and reduce infection severity and duration

Zinc is an essential mineral that supports various cellular functions of both the innate and adaptive immune systems. It interferes with the process that certain cold viruses use to multiply, thereby reducing the severity and duration of infections. Zinc is particularly important for the recruitment and activity of neutrophil granulocytes, natural killer cells, and T cells, all of which play critical roles in the immune response. Supplementation with zinc has been supported by evidence showing its effectiveness in preventing viral infections and reducing their severity.

In summary...

The questionable efficiency and safety of the flu vaccine raises important concerns that cannot be overlooked. Alternative approaches, such as supplementing vitamin D, quercetin, and zinc, are one way to enhance immunity without the risks associated with traditional vaccinations.

Moreover, the potential for the production of IgG4 antibodies as a response to the vaccine illustrates a complex interaction between immunization and immune system dynamics, where the very act of repeated vaccination may inadvertently lead to a weakened response against certain influenza strains. This effect can also result in the weakening of the immune system in general to fight infections and cancer. This highlights the need for continued research and dialogue about the benefits and risks of flu vaccination versus alternative preventive strategies.

As we navigate through flu season, it is crucial to remain informed and consider individualized approaches to immune health. Ultimately, a well-rounded strategy that includes lifestyle choices, nutritional support, and an understanding of the science behind flu immunization could empower individuals to make informed decisions that best suit their health needs. The World Council for Health stands for a better way.

Originally published with references at worldcouncilforhealth.substack.com

The Illusion of Political Parties

By Jeff Thomas, internationalman.com

It has been said that every great nation has its rise and fall; that its rise occurs as a result of the population (in general) becoming determined to work hard to create a better life, and that its fall occurs when the population becomes spoiled, then complacent and then finally, apathetic.

Much of the First World has reached this latter stage, all (to varying degrees) at the same time. Unfortunately, from a historical standpoint, the period of apathy is almost invariably followed by a period of bondage—a marked social and economic decline in which the people of the nation become little more than serfs of the state that rules them.

While most readers would agree that this describes the First World in its present state, they would likely argue that this time around, bondage will not be the end result. While reason might tell them that this is exactly the predictable (and historical) outcome, the idea of bondage is too frightful to consider as being a possibility. While a few seem to be railing against this eventuality, the great majority simply open a beer and turn on the TV. A very comfortable form of apathy, but apathy just the same.

Feudalism, Past and Present

So, are there any differences this time around? I would say that there is one major difference, and that is that the packaging is more sophisticated.

In days of yore, the Sheriff of Nottingham and his men rode into your village and demanded what few silver pennies you may have earned recently. This was clearly a dictatorial government—one which was ruled by force, so that the people were clearly serfs and had no real say. Punishment was simple: If you did not pay, your hut was burned, your possessions confiscated, and you were thrown in prison to remain until the debt had been paid. (Nobles fared a bit better: In the 15th century an ancestor of mine, Lord James of Dartmouth, spent several months in the Tower of London until he could pay King Henry IV a sum of 2000 pounds, literally a "King's ransom"—*in spite of the fact that Lord James was said to have been a favourite of the King).*

Now, of course, things are entirely different. Today, the Sheriff does not ride into your village demanding your money. You are required to send it in yourself. If you fail to pay, your house is not burned. It is confiscated, along with your other possessions, and you face prison. Increasingly, people are ruled by force, just as in the 15th century. But in spite of this, citizens of many First World countries still claim to have free elections – the last bastion of the democratic system.

The Democratic Process

The idea of the democratic process is that the people may elect their leaders and thus control their destiny. However, running for office is quite expensive, and this means finding donors. Understandably, anyone who provides a donation does not regard it as a gift. He seeks something in return. In national elections, this means

See 'Two-Party System' p.5

Two-Party System

Continued from p.4

very large donations, translating into very large compensations. Those who contribute the most (Big Oil, Big Pharma, Big Banks, the Military Industry, etc.) can demand quite a bit in return.

In any "democracy" that has been in existence for a long enough time, the relationship between donors and candidates has become circular; that is, after the candidate is elected, he repays the donor by providing either tax dollars or rights to operate that others do not enjoy. Once the circular relationship is fully cemented for a period of time, the returns to the donor grow to far exceed the donations. As a result, voters are unwittingly, actually paying the donors and the government to dominate their lives.

Not surprisingly, donors come to regard these tax dollar infusions as a regular source of revenue and seek to have them grow regularly. (If voters could understand this circular relationship, they would be less surprised when their legislators—whether conservative or liberal—consistently fail to diminish the government's need for tax.)

So, we are left with the remaining advantage of democracy: the ability to vote for those who will protect our freedoms as we see them.

The Two-party System

In the majority of First World countries, there are a host of political parties (America is a notable exception), each claiming to represent a specific point of view. Most of the parties are fringe parties, and voting generally comes down to the two main parties: liberal and conservative. Liberals claim to champion social freedoms (gay rights, abortion, etc.) while trying to limit economic freedom. Conservatives claim to champion the precise opposite.

Most voters seem to see the system as alternating between the two parties. For example, first, the liberals win and increase the social freedoms of the country. Then, after a while, they are voted out, and the conservatives have their turn, increasing economic freedoms. Described in this way, it would seem that the "two-party system" provides an ideal balance, *moving ever forward with increased freedoms for all.*

However, if this attractive image were the case, liberal voters would not be filled with disappointment at the end of a liberal term in which their social freedoms somehow had not increased. (Their party somehow "needed to compromise" with the evil conservatives.) However, if the liberal party was successful in diminishing economic freedoms, this distraction would serve to keep these voters loyal to the party.

Artwork by: lamontagneart.com

At the end of a conservative term, it is the reverse. While their stated objectives for regained economic freedoms somehow failed to come to pass (again, "compromise" was somehow necessary), the leaders still managed to limit social freedoms in some way. (The Patriot Act in America is perhaps the most extraordinary example).

What voters seem to miss is that, along the way, far from increasing one type of freedom under one party and then increasing the alternate type of freedom under the other, the net effect is the exact opposite. Under a liberal government, economic freedom is diminished, and under a conservative government, social freedom is diminished. Freedom, in general, therefore, ratchets downward with each term.

It does seem that voters throughout the First World are beginning to recognize that they are getting short shrift no matter which party is in power and that their country is headed inexorably downward (while the leaders seem to be doing rather well).

Will the Voters Ultimately Rebel?

Will the minor demonstrations of discontent evident now in the First World escalate into something more organized and more violent?

What do the politicians think is likely to happen? While they are not commenting on the subject, we should be able to guess their predictions based on their actions. If they plan to increase freedoms in the future, they would be providing a calming effect to the present frustrations. However, if their true goal is a return to a kind of modern serfdom, they would be preparing for it by increasing their controls, both economic and social. In much of the First World, the latter seems to be the intended direction. Nowhere is this more evident than in America, with the renewal of the Patriot Act and the passing of the National Defense Authorization Act.

Modern Day Feudalism

As stated above, the main difference between the feudal system of five hundred years ago and the feudal system that is developing in the First World today is that the packaging is more sophisticated. Instead of having identifiable kings whom we may all hate, we have the distraction of two political teams that we may "choose" between. While we praise the good guys (our preferred political party) and hope that they will vanquish the bad guys (the opposing political party), they are, in fact, one and the same, and they both work for the kings.

Originally published at internationalman.com

No More Meat?

Continued from p.1

electronics and appliances' lifespan for as long as possible. You don't get the convenience of modern living, but hey, at least you can pat yourself on the back for saving the Earth, right?

This isn't about making life better; it's about **making you suffer**. That's the plan. This is about controlling how you live while the elites sit in their ivory towers, completely unaffected by the draconian policies they're enforcing on you.

The Fake Prosperity Pitch: Selling Poverty as Happiness

As if all this wasn't absurd enough, the C40 Cities geniuses are trying to sell this agenda by claiming it will make you ***"more prosperous and happy."*** Yeah, because nothing says happiness like having your personal choices dictated by bureaucrats. Nothing screams prosperity like slashing entire industries, killing millions of jobs, and leaving citizens with fewer options for food, transportation, and clothing.

What they're really doing is pushing **poverty and austerity** under the guise of *"sustainability."* Their idea of prosperity is for you to own less, eat less, and travel less. But don't worry, they'll frame this as a ***"just transition"***—which is code for *"you're going to be poor, but at least the planet will be green."*

The Bottom Line: This Plan is an Eco-Fascist Nightmare

Let's cut the nonsense. This C40 Cities report isn't about *"saving the planet"*—it's about **control**. It's about giving more power to local governments to meddle in your life and **destroy free markets** under the pretense of environmental responsibility. The fact that they're pushing this on cities—where the majority of the world's economic activity occurs—isn't an accident. They want to crush consumption, cripple industries, and turn you into a compliant little eco-serf living under the iron fist of the climate elite.

They aren't just coming for your car, your steak, and your flights—**they're coming for your freedom**. And if we don't push back, we'll end up living in a world where every purchase, every bite, and every mile we travel is controlled, taxed, and regulated by these climate despots. That's the future they want: **total contro**l, total compliance, and **zero freedom**.

So no, C40 Cities. We're not buying it. You can keep your utopian eco-fascism, your behaviour controls, and your idiotic plans to kill jobs and wreck the economy. We'll take freedom, thank you very much.

1. arup.com/globalassets/downloads/insights/arup-c40-the-future-of-urban-consumption-in-a-1-5c-world.pdf
2. c40.org/about-c40/our-history

Originally published at wattsupwiththat.com

CONSUMPTION INTERVENTION	PROGRESSIVE TARGET IN 2030	AMBITIOUS TARGET IN 2030
Dietary change (this intervention is characterised by three major changes which are described in more detail)	**16 kg** of meat per person per year[31]	**0 kg** meat consumption
	90 kg dairy consumption (milk or derivative equivalent) per person per year[32]	**0 kg** dairy consumption (milk or derivative equivalent) per person per year
	2,500 kcal per person per day	**2,500 kcal** per person per day
Reduce household waste	**50%** reduction in household food waste	**0%** household food waste
Reduce ownership	**190** vehicles per 1,000 people[34]	**0** private vehicles
Reduce number of clothing and textile items	**8** new clothing items per person per year	**3** new clothing items per person per year
Reduce number of flights	**1** short-haul return flight (less than 1500 km) every 2 years per person[36]	**1** short-haul return flight (less than 1500 km) every 3 years per person

This is not a conspiracy theory. This is a screenshot from the actual document outlining the C40 Cities project. One hundred mayors of the world's largest cities have signed on, including Toronto, Montreal & Vancouver. See the document:
arup.com/globalassets/downloads/insights/arup-c40-the-future-of-urban-consumption-in-a-1-5c-world.pdf

Let Them Eat Bugs: A Farmer's Perspective on Bill C-293

By Alberta Prosperity Project

In the fields and the barns, we farmers grow food and raise livestock to feed others across Canada and the world. We understand food systems; we continually strive to adopt new technologies and best practices. We understand how to feed people. We are proud stewards of this land. Yet, it seems our government, through Bill C-293, has completely overlooked agriculture's critical role in Canada's food security, dismissively overlooking it as a backbone of this country.

The spirit of Bill C-293, with its push for government control over many aspects of our lives, equates to a modern-day *"Let them eat cake"!*

At first glance, the reasoning behind Bill C-293 seems benign: ensure we're ready for the next pandemic. Upon closer inspection—and especially for people with roots in agriculture—the bill is far more dangerous than it appears. Bill C-293 represents government intrusion into our food choices and a tangible threat to the food systems so many of us know and depend on. If it becomes law, with no qualifications, Bill C-293 would interfere with farmers' ability to do their jobs. Bill C-293 threatens the future of Canadian food production. And it would tip us all towards an insect-protein diet we never asked for in the first place.

The Hidden Threat to Meat Production

Right out of the gate, let's focus on the most sinister part of Bill C-293. Cracked open like a dried pea pod is the exhortation for governments to *"de-risk"* clustered, *"chronically vulnerable"* sectors deemed to be pandemic risks. Top of the list? Animal protein production. The bill publicly commissions the production of *"alternative proteins,"* a term most of us would know as the government setting its bureaucratic sights on reducing meat consumption, pushing us into plant-based and insect-based diets. This is a top-down declaration of *"Let them eat bugs."*

Dr Sylvain Charlebois, a professor of food distribution and policy at Dalhousie University in Halifax, who has written extensively about global food trade, has called it "*Canada's Vegan Act"* because of the power this law gives to government health authorities to decide what is and isn't safe in terms of food production during a pandemic, and enable them to shutter meat processing facilities they deem to be too high a risk.

What it does encourage, either directly or indirectly, is plant-based and other forms of proteins, such as insects.

If this will become a reality: a time when chefs and grocery stores feature cockroach tacos and grasshopper mayonnaise; a time when drive-thrus serve fried worm burgers and grasshopper bacon strips; a time when our government subsidizes cricket farms, and mealworm burgers become the new premium items, then most of our farmers, who dedicate their lives day in and day out to raise the best beef, pork, and poultry, will go out of business. Competing with government-favoured businesses does not pencil out, as the government continues to burden free enterprise with taxes, red tape and media hostility.

A Dangerous Precedent for Government Overreach

Bill C-293 is also a deeply concerning expansion of *governmental control* over agriculture. Empowering public health officials to seize unprecedented powers to shutter allegedly "risky" operations hands over the proverbial keys to farm facilities and operations to public health bureaucrats who may not know the first thing about farming. What they may unjustly identify as risk, we identify as well-researched, routine operation and best practices when it comes to the regular health and welfare needs of our livestock.

It is not only the ability to close down meat-processing plants that is alarming but the entire agricultural supply chain. Employment restrictions under pandemic protocols could make it impossible for farms to move animals, inputs such as feed and fertilizer, or final products to market. Such restrictions would cripple the industry, and with Canada's high level of food trade, we are likely to face empty shelves and high prices on foods that we have grown accustomed to having readily available.

Worse still, such overreach doesn't stop with instances of public health crises. Once the precedent is set that the government has the ability to regulate our consumption in the name of public health, where does it stop? Should meat production become heavily taxed because of its environmental risks? Should certain forms of farming be banned?

The vagueness of the bill leaves the door very much open to escalating government overreach.

Is This What Canadians Want?

Proponents of Bill C-293 will argue that alternatives to meat products, such as bugs, are indeed sustainable, a source of nutritious protein and the way of the future. But is this what most Canadians want? We have foods of our choosing, grown & raised locally with pride and purpose. Many of us enjoy eating beef, chicken, pork, grains, lentils, etc. and the nourishment they provide to our families. Bill C-293 infringes upon our dietary freedoms by making it more difficult to produce the foods we have eaten for generations, all while gently nudging us towards *"sustainable"* alternatives.

Clearly, it's not really a choice about personal preference or tastes; this is about food security. When we choose to take our ability to produce meat offline in favour of growing more insects or culturing food in test tubes, those are lost skills—our national food sovereignty would be undermined. Insisting that we go there regardless because it *sounds* sustainable cedes our freedom and paves the way for perpetual government overreach.

Let Them Eat Bugs

Being coerced towards eating bugs is only a small part of the catastrophic effects this bill, if it makes it through the Senate, will have on our lives. The truth is, Bill C-293 puts us on a slippery slope toward an extreme ending where we lose control of the decisions we make about our food. Using swift action to give us more protection from pandemics might end up simply determining what ultimately ends up on our plates.

As farmers, and in many ways as Albertans who are continually facing government overreach, we are losing control to a burgeoning & bloated federal government… and we end up holding the short end of the stick. Though our federal government may not be aware, we have a proud farming history in Canada and it is in everyone's best interests to protect it. We must push back against this creeping overreach before we're told to literally eat bugs.

For those who might be tempted to call this hyperbole, I say this: Look at the bill's language. Look at the slow yet unmistakable slide toward other proteins. Once that door is open for government control of our diet, who knows what is next? And as an old proverb states: *"those who control the food control the people".* Bill C-293 is about control. And if the government continues so close-mindedly in their pursuits of power, let THEM eat bugs.

Originally published at albertaprosperityproject.com

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Still Standing and Fighting the Good Fight

By Melvin Frohike

Despite the best efforts from some quarters of Canadian society to move on from the watershed days of February 2022, many Canadians will still remember that odious time as a crossroads—a series of directed events making many question that long-held historical myth of a kinder, gentler Canadian society—even affectionately called the Peaceable Kingdom. In sharp contrast to that mythology, images of lines of black-clad police advancing with batons drawn (and nameplates removed) on Canadians protesting government overreach and of police snipers slinking along rooftops in the nation's capital remain etched on our collective psyche.

Into that dark recollection, enter two organizations—supported by an untold number of average Canadians—committed to holding the government accountable for their overreach.

We can confidently characterize the government's decisions in the winter of 2022 as overreach because of a 2023 Federal Court decision from the bench of Justice Mosley. That decision called the Liberals' use of the Emergencies Act (formerly the War Measures Act) "*illegal and unconstitutional.*" The Federal Court found that there was no national emergency and no threat to Canada's security.

The Court also found that the government's freezing of bank accounts and restrictions on protests violated constitutional rights regarding unreasonable searches and seizures and the fundamental right to Freedom of Expression.

The decision was and remains a splattered egg on the face of the Trudeau government. In response to the Court's repudiation of their actions in its decision, the government hastily called a presser and indicated they would be appealing. So hasty was the announcement that many observers wondered how the government had found time to review the 190-page decision before deciding to appeal it.

The Canadian Constitution Foundation (CCF), an Alberta-based charity involved in defending the constitutionally-protected rights and freedoms of Canadians, and maintaining the Canadian constitution, recently filed in support of their legal challenge to the government's motion to appeal Justice Mosley's decision. That appeal is expected to be heard in early 2025. Anyone interested in supporting the CCF's effort at restraining government overreach, can visit theccf.ca.

In another encouraging example of ordinary people

taking the government to task for the unprecedented violations

of their constitutional rights under the cover of Covid, the Institute for Freedom and Justice (IFJ) is taking the fight to the government in a lawsuit targeting the federal vaccine travel ban. This 3-year fight is currently also on appeal.

In the initial decision, the Federal Court judge essentially determined that the court would not consider the ramifications of the travel ban on unvaccinated Canadians' constitutional right to freedom of movement because the ban had been repealed by the time the case went to trial and thus was *"moot."* The Judge further determined that there was no public interest to be served by allocating judicial resources to hear moot applications. You might think that a government travel ban potentially impinging the constitutional rights of six million people would be worth the resources. You would, apparently, be mistaken.

A highlight of the initial proceeding in the travel ban case was information uncovered during a two-month cross-examination of the government's expert witnesses, who confirmed that they could not find any science to justify or support Trudeau's vaccine travel mandates. They went ahead anyhow. That cross-examination provided appalling insight into the sheer randomness of government decision-making processes used during Covid. In the black box model of decision-making familiar to students of political science, it appears zero inputs resulted in draconian output.

The latest round of IFJ's battle with the government will take place on November 18th, 2024, at the Federal Court in Toronto, where IFJ will defend against the government's attempt to strike down the lawsuit on what appear to be technicalities. Rarely a good look for a sitting government in a democracy. A full breakdown of the case, including information on how you can support can be found at freedomandjustice.ca

We should all be grateful for organizations and people willing to charge into the breach and fight when others want to look away and forget. It is a modern David versus Goliath playing out in our courts. I take heart because we know what happened in the original version.

Both cases show us that the other national mythology—Canadians who are tenacious, just, strong, free, and who have a kind exterior that belies a forged steel within—may not be a myth after all.

Class Action Lawsuit Against Bonnie Henry

By United Health Care Workers of British Columbia

We are in a pivotal moment in history for our healthcare community. This is BC's **FINAL** opportunity to seek justice and accountability for the thousands of healthcare workers across BC who were affected by Bonnie Henry's mandates.

Our healthcare system lost thousands of skilled, trained, experienced and dedicated staff due to terminations, early retirements, and losing many to other provinces and countries. These healthcare workers remained resilient- defending their right to bodily autonomy, medical privacy, and informed consent.

Tax-paying citizens are funding emergency rooms, which are closing all over the province, many walk-in clinics are fading away, wait times are astronomical, and many cannot secure a family doctor. The staff who are left behind in the rubble of the collapsing hospitals are burnt out, and the system is on the brink of a complete collapse. Patient care is a pivotal part of healthcare, and remaining healthcare workers are not able to provide high-quality patient care working in short-staffed departments. The rippling and cascading effects are far-reaching, long-lasting, and highly disturbing.

Allowing our government to get away with medical coercion sets a very sinister stage to allow a slippery slope to occur. A strong healthcare system is run by medical professionals, with boots on the ground, not by administration and government sitting in their ivory towers. Government has since implemented the Health Professions and Occupations Act (formerly known as Bill 36), and this overreach has and will continue to force out many more Doctors, Nurses, Chiropractors, Naturopaths and other allied healthcare professionals. Medical professionals will be completely controlled by government entities, leaving some of us with no healthcare at all as more and more medical professionals are driven away. Our medical professionals are not the problem; it is a bureaucratic-top-heavy system which is driving out the people who solely want to help other human beings.

Mandates have been rescinded; however, fired staff have not been offered their jobs back; some are told there is no job available, while others have been so psychologically damaged they would not return to a toxic work environment run by those who financially and emotionally traumatized them. Some are homeless and destitute and experience symptoms of PTSD from a psychological game of dangling livelihoods over personal medical choices. Many were ostracized in the workplace before being forced out. The government has single-handedly and successfully obliterated healthcare within the walls of British Columbia and refused to fix the problems.

Through this journey, the United Healthcare Workers of BC (a non-profit society) formed to help support the healthcare workers affected by the Covid-19 injection mandates. Working tirelessly together to put pressure on healthcare unions and the government, we are now supporting two of our members who have filed a Class Action lawsuit against Bonnie Henry and the Province of BC... **BUT WE NEED YOUR HELP!**

We urgently need to raise $500,000 to ensure our lawsuit can make it through the next steps of the legal system, which is *certification*. If we do not have the funds to show the courts, they will not certify the lawsuit. The lawsuit was filed in October 2023, and certification is set to occur later this year or early in 2025.

No donation amount is too small. Please stand with us and support our cause.

You can visit our website to donate and read more about our lawsuit at:

www.unitedtogether.ca

Please help us achieve justice and accountability and prevent future government overreach into our healthcare system.

With so much gratitude,

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UNITED HEALTH CARE WORKERS OF BC

Natural Health Care

One More Victim of Government Overreach

By Larke Newell

Mark Holland, Canada's Minister of Health, recently announced his intention to remove nicotine patches from public use without a prescription and eventually phase them out altogether.

Ironically, cigarettes and other smoking/vaping products are readily available in supermarkets, convenience stores, service stations, and other outlets. This begs the question: Why is he planning to disallow the product used to aid in overcoming nicotine addiction? Where is the logic? In my opinion, this is simply one more example of baseless and arrogant government overreach concerning his government's war on natural health products and services. Or could there be a more sinister motive? It has recently been proven by Dr. Bryan Ardis et al. that the antidote for Covid-19 is none other than nicotine. Dr. Ardis covers this in his book1 and on his podcasts, which can be found on Rumble.

Health Canada regulates all natural health products, such as supplements, assuring consumers that these products are safe and effective. They have noted that most Canadians utilize these products, in one form or another, as well as traditional health practitioners, on a daily basis. There are currently over 200,000 NHPs on the market, and alternative practitioners are being sought out on a regular basis, partially due to the dismal state of our medical care system. Traditional medicine is used widely around the world. According to the World Health Organization (WHO), up to 80% of Africa's population uses it for their healthcare needs, while in China, it accounts for around 40% of their requirements.

As recently reported by CTV News, a new bill is in the works which will force hospitals to report adverse effects of herbal remedies and supplements. If passed, NHPs would be monitored under the pharmaceutical umbrella. Do you see where this is going?

Although NHPs have always been considered lower-risk and less harmful than prescription drugs, the Canadian Pharmacists Association continues to reinforce that using them is highly risky. Or, if the truth were known, and more to the point, sales of NHPs cut into pharmaceutical profits.

Currently, Health Canada has strict protocols for NHP manufacturers. They must provide detailed information about proposed products, including clinical trial data, medicinal ingredients, source, potency, and recommended uses. The process is time-consuming and prohibitively expensive, and yet the powers that be continue to sneak more roadblocks in their way.

In 2022, the B.C. government surreptitiously passed the Health Professions and Occupations Act, otherwise known as Bill 36. This act adversely affects dentists, physiotherapists, and acupuncturists, among others.

In May of 2023, as explained by Lisa Petty of Alive magazine, *"the government proposed crippling new fees which could end innovation and shrink the selection on store shelves."*

Health Canada has also initiated restrictive, inflexible, and costly label changes, resulting in lower profits and doubling of package sizes. The most heinous proposed regulatory change would force the NHP manufacturers to reimburse Health Canada for the cost of monitoring and approving their products pre-market.

The Natural Health Products Protection Association (NHPPA) adamantly claims that the Liberal government is trying to eliminate natural products altogether.

The background:

Natural health products include probiotics, herbal remedies, vitamins and minerals, homeopathic medicines, traditional medicines such as Chinese and Ayurvedic remedies, amino acids, and essential fatty acids. These products can be identified by the eight-digit Natural Product Number (NPN) or Homeopathic Medicine Number (DIN-HM) on the label. These numbers show that the products have been authorized for sale in Canada. The federal government recently reclassified NHPs as *"therapeutic products,"* complete with new legislation within their Bill C-47.

According to the Fraser Institute, self-care products such as some toothpaste, antiperspirants, shampoos, facial products, and mouthwashes also fall under the purview of NHPs.

Once authorized by Health Canada, the labels must include the brand name, medicinal and non-medicinal ingredients, quantity in the bottle, conditions of use, and special storage conditions.

Alternative/complementary practitioners such as chiropractors, midwives, naturopathic doctors, massage therapists, traditional Chinese medicine doctors, and acupuncturists are all licensed, but only in certain provinces.

Needless to say, Health Canada continues to put major new regulations in place, not stopping to consider the effect on NHP retailers and alternative medicine practitioners. This places a huge financial burden on the industry and affects the quality of research, competitiveness, and even jobs. At this point, one in five NHP brands is considering leaving Canada and relocating to a less expensive market. 70% of health food stores and other retailers will be forced to remove products from their inventory, if not take more drastic measures. The Fraser Institute estimated that 60%-75% of NHPs will be forced to disappear from the market. They explain that many studies indicate that small firms bear a disproportionate share of the regulation burden.

Sadly, traditional practitioners of Chinese medicine who prescribe herbal remedies that have been used successfully for thousands of years are feeling vulnerable and at risk.

One such practitioner, Logan Grundy R.T.C.M.P, has this to say:

"I am concerned about Health Canada's proposal to restrict the sale of natural health products and supplements, as it infringes on our right as Canadians to choose our own healthcare options. We should have the freedom to select between pharmaceuticals and natural medicine, fully aware of the benefits and risks associated with each. Given the declining nutrient content in our food supply and the increasing difficulty of accessing medical care, many Canadians rely on these supplements for their well-being and should be empowered to make informed decisions independently."

Why is this happening? Many of the so-called "more efficient" regulations are ineffective at best. Revisiting the aforementioned nicotine patch scenario, it is obvious that there is no logic involved, but simply one more money grab for already massively wealthy pharmaceutical companies. After all, if there are no NHPs available, it would open the door to the development of more prescription drugs, for which it would be at their discretion what to charge the unsuspecting public. Or how about more untested, unproven junk vaccines to "cure and prevent" Covid and a succession of new viruses?

Currently, the United States remains more relaxed in its NHP regulation than Canada. Mr. David Stephan of Hartleyville, Alberta, is employed by TrueHope, the natural product business founded by his father in the 1990s. TrueHope's US website continues to list over 35 positive claims regarding certain natural health products that have been censored from its Canadian website.

Since there are absolutely no NHP-related deaths recorded in Canada, why would Health Canada and the Natural Health Products Regulators feel the need to reclassify them as drugs? Why take Canadian natural products out of circulation, especially when they are continuing to be sold, with no adverse effects, in the US? Canadians, for the most part, are cautious and informed regarding NHPs and self-care products and services, requiring no urgent need for these changes. Case in point, since the inception of the NHP regulations, there has been no increase in the safety, efficacy, or quality of natural health products.

So, what are we doing to fight back? The regulatory change is being opposed vehemently by all government parties, except the Liberals, as well as national media campaigns launched by the Canadian Health Food Association. The Natural Health Products Protection Association is also campaigning, claiming that Ottawa is attempting to do away with natural products.

Conservative MP Blaine Calkins, minister for Red Deer-Lacombe riding, introduced Bill C-368 to repeal the changes that were furtively inserted into Bill C-47. The new bill is designed to undo the disastrous changes wrought by Health Canada, aka the pharmaceutical behemoths.

Alive Magazine states that *"the never-ending supply of sticky red tape, excessive fees, and haphazard policy creation at Health Canada does not bode well for NHPs."*

Diana Ann Pink, a holistic health practitioner, cautions, *" It is crucial that we learn and spread the truth amongst the people about what is really going on behind government doors. We need to rise up, work together, and stop these reckless Health Canada bureaucrats. This is unjustified and bordering on malfeasance."*

Please visit https://nhppa.org to learn more about taking action. Your health and that of your loved ones are at stake.

1. https://www.amazon.ca/Moving-Beyond-Covid-19-Lies-Restoring/dp/1961641224

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The United Nations Declaration on the Rights of Indigenous Peoples from the "Indigenous" Perspective

By Glenn Bogue

Canadians cannot lose their right to private property via the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) since they have never had such a right.

The Lands of Canada are controlled by "The Crown," a term without definition.

So the battle over our Resources is now shaping up: *The Crown v. The Indigenous*

In 1881, the Supreme Court of Canada (SCC), in the case of *Mercer v AGC,* stated that the Queen owned all of Canada's gold and silver; we commoners received only the nickel. So, from the get-go in 1867, Canadians were technically bankrupt, as "money" had always been gold or silver.

The "legal" title you get to the real estate under your house is only a Fee Simple Title, requiring you to pay what? Fees—in the form of fiat currency—that Canadians also do not own or control. The Bank of International Settlements (BIS) in Basel, Switzerland, controls this mere electronic "currency."

You can farm (for The Crown) down to a ploughshare, but below that, where the goodies are, well, that is in the *de facto* control of The Crown, per *Haida v BC* 2004 SCC 73 at paragraph [32] (see quote below).

*"And whatever Rights you think you may have can always be over-ruled by the "Peace, Order and Good Government" clause found at S. 91 of the BNA Act of 1867, and by Charter S. 33, which states the legislatures can act "**notwithstanding"** (or regardless of) your Rights."*

P.M. Justin Trudeau used these presumptions in the Trucker Convoy, and Premier Doug Ford used these against the Teachers' Right to Strike.

So, let's now focus on the real colonial problem, which is racial: Who is Indigenous?

According to Black's Law Dictionary, legally, Indigenous means :

A. a natural-born subject, OR a citizen, OR

B. **someone born of the land**

According to the Oxford Dictionary, Indigenous means originating or occurring naturally in a particular place, i.e., - "the Indigenous peoples of Siberia."

The corollary term is Native Culture, such as Mohawk, Cree, Anishinabek, Italian, Irish, Polish, etc., which are simply distinctive groupings of Individuals by their choice.

Therefore, every single Canadian who was born on this land is "Indigenous" and collectively are the ***de jure*** (lawful) "owners" (or Stewards) of the Resources. Again, the Supreme Court of CANADA (SCC) confirmed this in *Haida v BC* 2004 SCC 73

at para. [32] :

"This process of reconciliation flows from the Crown's duty of honourable dealing

toward Aboriginal peoples, which arises in turn from the Crown's assertion of

*sovereignty over an Aboriginal people and **de facto** control of land and resources*

that were formerly in the control of that people." [Emphasis added]

So now we have the competing terms **Aboriginal** (from somewhere else, like people supposedly emigrating from Siberia over the Bering Strait), **Indigenous** (born on the land or becoming an artificial citizen), and **First Nations**, which are also artificial corporations operating under the legal entity called "CANADA."

But what exactly is CANADA? A Corporation. If we go to the *Proclamation of 1982,* which pre-ceded the "Canada Act," we can read for ourselves that Elizabeth II, dressed in a blue business suit, proclaimed, "Letters Patent" of a corporation!

What Elizabeth II did in 1982 was an attempt to continue the Hudson's Bay Corporation (1670-1868) as the BNA Act (of Incorporation) of 1867, that P.M. Pierre Trudeau re-named *The Constitution Act of 1982*. However, because then Queen Victoria did not give her Royal Assent, the BNA Act of 1867 had to be REPEALED in 1893. It became a NULLITY that cannot be re-constituted or even "patriated," a word that had to be invented by P. E. Trudeau.

This CANADA Corporation (which provides governmental services) is **regis**-tered on the U.S. Securities and Exchange Commission. Google E.D.G.A.R. and enter CANADA.

The Corporate Birth Certificate for you is also **regis**-tered at The Depository Trust Co., (DTC) under Chase Bank, binding your labour as an Indentured (bonded) tax slave until your 65th year on the Earth plane.

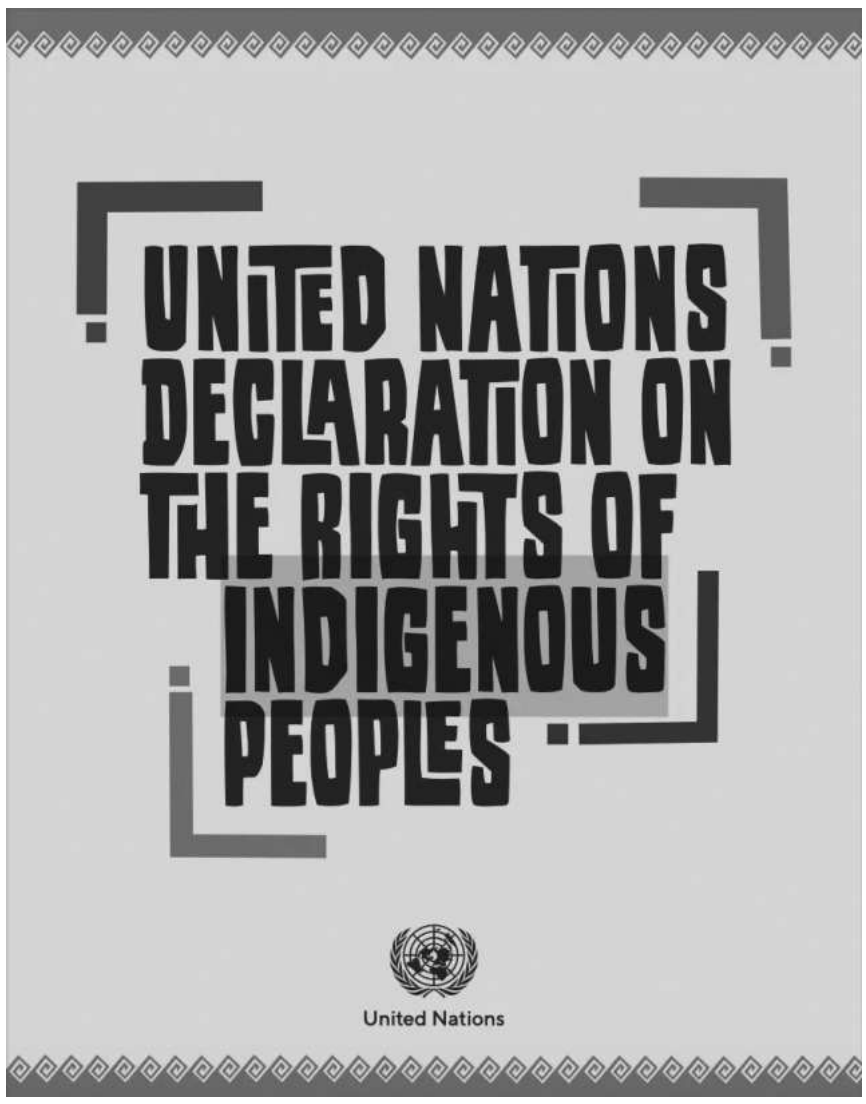
More Subterfuge of Our Rights

After the UNDRIP was passed by the world in 2007, Prime Ministers Harper and Trudeau set about performing another subterfuge by orchestrating Indians into Band Corporations (re-named "First Nations") to steal YOUR Land. Is that lawful? NO.

Here's why.

In 1774, Lord Mansfield of the House of Lords set forth "British Imperial Law," or Imperial Constitutional Common Law, **aka Indigenous Common Law,** which states that Acts passed in London, England, are NOT valid unless you were conquered (or you *consent*).

So the BOMBSHELL question is: Where was *The Canada Act* passed? London!



This "British Imperial Law" was cited as the LAW by the Supreme Court of Canada in *R v Desautel* 2021 SCC 17 at para. [68]. In the same case, the SCC stated at para. [30] that the INDIGENOUS were never conquered.

Think about it. Canadians were never conquered. We suffered the bringing of the French-British "family feud" here into the woods of Turtle Island in 1759. Both France and England were also embroiled in the Civil War debacle of the United States that became a **bankrupt corporation** in 1871 after THEIR 14th Amendment (1868) made the black slaves (and everyone else) into Corporate Citizens, and after 700,000 tax-paying men lay dead on the battlefield.

The USA Inc. invited people of the Sovereign American States to voluntarily apply to become **federal** Citizens and thereby *consent* to pay taxes to the federal artificial entity USA Inc. in order to pay back the French-British debt from 1776 to the European bankers and the subsequent French-British debt of U.S. $5 Billion from the U.S. Civil War.

This same *federal citizen* trick was also pulled on the Canadians, who became obligated in 1791 and 1867 to pay the U.S. Revolutionary War and Civil War debt via a series of governmental corporations beginning with The CANADA Act (#1) of 1791, aka

The Clergy Endowments Act, which created ONTARIO and CANADA (aka QUEBEC), followed by the SCC in *Mercer v AGC* [1881] that confirmed ONTARIO, QUEBEC, NOVA SCOTIA AND NEW BRUNSWICK were "**continued as corporations**" after 1867.

Every year, our Consolidated Tax Fund is transferred (stolen) by these governmental corporations, transferred to Chase Bank in New York, and then re-transferred "off-shore," out of the Jurisdiction of our courts. When you google CANADA on E.D.G.A.R., look up Exhibit 1.1 to learn about this 'off-shore" account.

No more! Pursuant to UNDRIP Article 3, every woman and man on Turtle Island (North, South, Central America and the Caribbean) can **self–determine** and declare themselves **INDIGENOUS** to Turtle Island.

What does this mean? You own the joint, including the Resources of Canada valued at U.S. $700 Trillion.

Tiny Norway (pop. 5.5 Million) claimed an interest in *their* oil in 1990, and today, with that Fund valued at U.S. $1.2 Trillion, every Norwegian is worth U.S. $218,000.

So every Canadian is **entitled** to U.S. $700 Trillion divided by 38 Million people, or U.S. $20 Million each.

How can everyone and anyone claim their Birth Right? On November 1, 2023, the very courageous QUEBEC Superior Court Justice Sophie Bourque held that the UNDRIP was **entrenched** into S. 35 (the Indigenous Law section) of the CANADA Act as a **binding** inter-national instrument, based on the CONSENT of the (Trudeau) Indian and Northern Affairs of CANADA Inc. (INAC) Minister Bennett at the U.N. on May 10, 2016. That consent is a LIMIT on Crown Sovereignty, per *R v Hape* 2007 SCC 26 at para. [43].

Note that S. 35 is not part of the Charter of mere Rights that can be over-ridden, but is in Part 2 of the Constitution, and S. 52 clearly states that any law that is inconsistent with the Constitution (S. 35) is of no force and effect. The Supreme Court had stated the same concept in *Zingre v R* [1981] :

"It is a recognized principle of international customary law that a state may not invoke the provisions of its internal law as justification for its failure to perform its international obligations."

So, where the UNDRIP Articles 27, 34, and 40 recognize Indigenous Tribunals, the late Professor Emeritus of Constitutional Law, Peter Hogg, asserted that the Supreme Court of CANADA, being only a creature of the statute since 1875, could not have been entrenched into the Law of the Land. Ergo, the entrenched Indigenous Tribunals are the highest courts in the Land.

Further, Janice Switlo, former in-house Counsel to INAC, has stated that the Mohawk Nation (who actually trespassed to Montreal from New York state) only offered the Crown a **Head Tenancy**, whereby the Indigenous retain their "**autochthonous title**" and the Crown declared Absolute Title, but only against other Crowns of Europe. In this legal fiction, the "Fee Simple" Title you might have is the lowest form of the Head Tenancy.

How do you establish your 'Indigenous' Autochthonous Title?

First, no one else can offer or sell YOUR Autochthonous title to a third party.

Second, Indigenous Individuals worldwide are now joining the Alliance of Indigenous Nations1, which is based in part on the Eagle and Condor Prophecy that is well set out at the University of Toronto's Varsity Blues website.2

You would enjoy **Sovereign Equality** with United Nations (UN) member states like CANADA Inc. (and USA Inc.), per *R v Hape* at [40], as confirmed in *Nevsum v Arraya* 2020 SCC 5. Please realize the SCC has stated in *Beckman v Little Salmon/Carmacks* 2010 SCC 53 at para. [33] that those who assert their Indigenous (Autochthonous) Title do not cease to enjoy their Rights as Citizens of CANADA. You can "have your cake and eat it too."

Third, pursuant to the UNDRIP Articles 1, 3, 4, 20, 26, 36, and 44, we Indigenous **Individuals** have the power to self-determine and operate our own financial system based on our Resources of $700 Trillion in the ground, as advocated by Warren Buffett.

This is the safe and secure alternative to:

1. the failing U.S. Petro dollar (now that the Saudis joined BRICS);

2. the Bitcoin craze invented by Elon Musk with a Vatican-controlled backdoor;

3. the Central Bank Digital Currency (CBDC), the last gasp of the BIS that simply cannot pay back the massive debt it owes to you, its depositors

1. ***allianceofindigenousnations.org***
2. ***varsityblues.ca/sports/2023/1/27/bva-education-pieces-uniting-the-eagle-and-the-condor.aspx***

Glenn Bogue holds a law degree and a Master's Degree in History and is the author of **The Five Books of Isis.**
He monitors the Indigenous monetary system— **TUMULT.ca *and* L.O.V.E. POD Extranet Device.**

The Bank of Dave

By Shellie Troy

David Fishwick is just a regular guy who loves his hometown of Burnley, England. He watched Burnley failing because banks called a recession and refused to give loans. Businesses were shuttered, rental suites sat empty with their windows boarded up, food bank usage was at an all-time high, children were going to school hungry, and hardships and compounding social decay were evident everywhere. And Dave decided he wasn't having it!

So, he made a plan. He would open a little bank that would offer 5% interest on deposits, then give smaller loans to local entrepreneurs. Any profits beyond overhead and salaries would be gifted to worthwhile causes in the community. It would be a simple savings and loans bank run by the community for the benefit of the community.

His first roadblock was using the noun "bank". So he turned it into a verb, called it "Bank on Dave!" and kept going. The banks continued their cancellation campaign; they investigated him, had agents visit his family home, and tried to intimidate and frighten him, but dirty tactics only hardened his resolve. Gradually, people deposited their money and Bank on Dave! flourished, and eventually, the government granted him a bank license—the second one in 150 years. That's a short summary of a long process of obstacles and setbacks, all of which Dave navigated with humour, creative strategies, and plain old stubbornness.

When Dave learned about Germany's Sparkassen banking system, which is very similar, he went there to learn what he could. Formed in the 1870s, it now has over 400 banks and 15,860 branches, employs about 284,800 people and serves 15 million customers. All the profits belong to the community and stay there; nothing is siphoned off to Wall Street, Singapore, or anywhere else. These thousands of small, local savings banks are the real power behind Germany's economy and ensure small and mid-sized companies can get credit when needed. Occasionally, Sparkassen banks struggle with government regulators who try to impede their business and cancel their success, but with steadfast determination and their self-described *F*@k You* attitude, they have flourished.

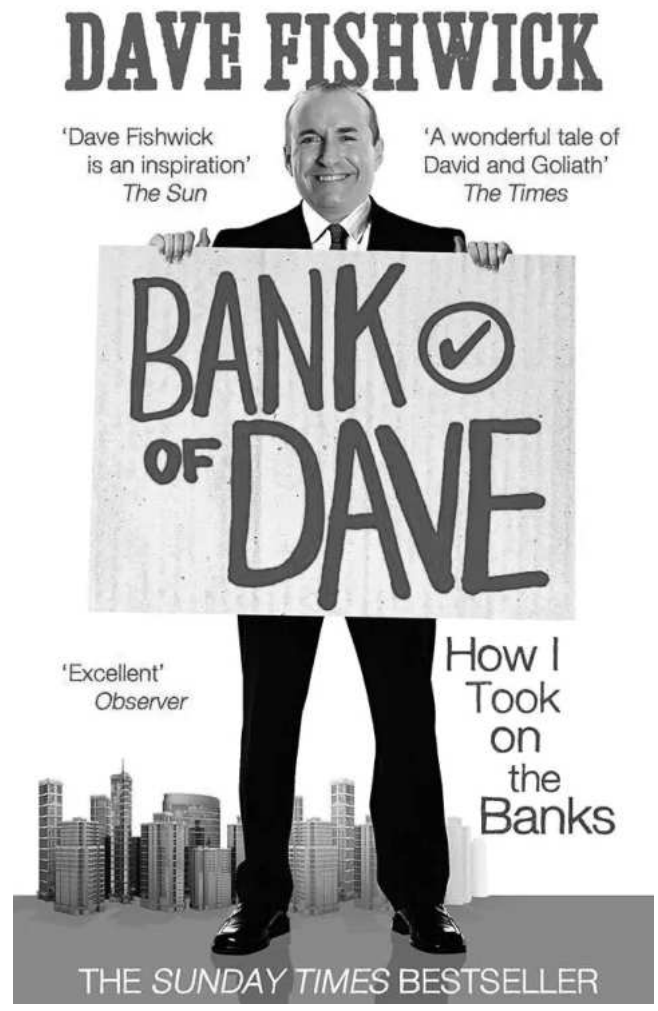
We need community-run banks

Around the world, it's become clear that big banks are dark agents of social malaise. Barclays, National Westminster, Citibank, JP Morgan, Danske Bank, HSBC, Credit Suisse, Deutsche Bank, National Bank of Pakistan and others have been convicted and fined for assisting transnational crime networks involving drugs, armaments, human trafficking, black markets, covert ops, etc. And it's not just bankers and underground criminals in the game. The Panama Papers revealed prominent politicians, celebrities, business leaders, and other high-profile individuals worldwide make liberal use of offshore accounts for money laundering, tax cheating and hiding ill-gotten gains.

Canadian banks, long touted as stalwarts of integrity and reliability, are no better. In October, the U.S. version of TD Bank—the 10th largest bank in America—was fined $3 billion for creating an environment that aided and abetted financial crime. Surprise, surprise, TD Bank Group is a partner with the World Economic Forum (WEF).

Award-winning investigative journalist Sam Cooper, an internationally recognized expert in transnational crime networks, especially those from China, reports that in Canada, RBC, CIBC, TD and HSBC banks have all been charged and fined. HSBC has been outed for doing fake, no-income mortgages from Chinese nationals claiming income from companies in China that don't exist. Hundreds of billions of dollars in fraudulent mortgages, especially in the Toronto and Vancouver housing markets, have been based on forged documents. The banks are engaged in systemic corruption, Cooper said on *CHEK TV*, and are *"working in collusion with crime networks in China".1*

In the late 1990s, Quontic Bank in New York made possible the purchase of 70-80 properties in the state of Maine through community development finance institutions (CDFIs), a special designation the US Treasury gave to banks, apparently to help marginalized communities—blacks and first-generation immigrants—secure mortgages in an atmosphere of perceived risk and some discrimination.



Cover image for the "Bank of Dave" book

When Quontic started offering CDFI mortgage products, bank officials reported that their business went up 1000%. And so did illegal marijuana cultivation—on those 70-80 Maine properties. *"Fast forward 20 years, what this becomes is a very slick, very easy way for criminal organizations to obtain financing to expand their operations,"* Cooper said in an interview.

Today, there are hundreds of illegal marijuana grow ops in Maine. Energy companies providing the electricity know their exact location, but cracking down has proved difficult: no political will, politicians on the take, a surfeit of dirty lawyers helping criminals circumvent laws, and accusations of anti-Asian racism or invasion of privacy have all stymied investigation.

What's worse is, after banks were informed that CDFI was a problem, instead of stopping the program or tightening up regulations, the banks *"doubled down on their target advertising to Chinese immigrants in Mandarin and Cantonese on WeChat."* And Chinese police stations and consulates are tangled up in all this.2

And we wonder why there's a housing crisis

As comic, George Carlin, so famously quipped, *"It's a big club and you ain't in it."*

No one in banking will go to jail for their crimes but they grind the little guy down. Banks have started questioning cash withdrawals made by individuals, asking what the money is for and expecting an answer. (I told them garage sales.) They claim this new regulation is to prevent money laundering transactions. How ludicrous! As if depositing or withdrawing $5K is a threat. What they're really doing is building the fallacy that financial privacy (ours, not theirs) is dangerous and soon won't be allowed. Freedom is the real threat—just ask Trucker Convoy supporters who had their bank accounts frozen.

As for the macro, the push for centralized, global banking is about next-level greed. Digital ID and Central Bank Digital Currency (CBDC), sold as free market innovation and designed to be *"easy, convenient and safe,"* hides the colossal profits in aggregate data collection. Organizations hypnotized by zealous beliefs in all things *"global"* are assisting a new feudalism. The same old forms of competition, rivalries, mergers, acquisitions and profiteering will continue, only on a hitherto unknown scale, while the 99% are yanked along in their wake. They'll make fortunes for themselves and make suffering and starvation for us.

"The welfare of the people has always been the alibi of tyrants, giving the servants of tyranny a good conscience." ~ Camus

Since the rise of BRICS (Brazil, Russia, India, China, South Africa), Western banks are digging a foxhole for more Us versus Them warfare. Much of the world no longer likes or trusts Western power structures—NATO, the military-industrial complex, the World Bank and the IMF International Monetary Fund (IMF)—which force nations into debt slavery.

BRICS currently comprises ten nations and represents about 50% of the planet's landmass. Thirty more nations applied to join in 2023. In a recent speech by Vladimir Putin, BRICS' share of the global population is 45%, and the global GDP is 36% and growing.

Putin predicts that in the near future, growth won't be centred in Europe or North America; Western nations are gradually losing their dominant position in the global economy; and he believes, foolishly, given Xi Jinping's megalomaniacal goals, that a BRICS alliance means its nations will all function equally and free from interference by any one dominant nation.

But let's shift focus back to the progressive, inspiring story of ordinary Dave Fishwick and his extraordinary vision. *"The banks tried to take me to court, they tried a lot of dirty tricks, they were trying everything to get rid of me. The big banks, without a shadow of doubt, run the world. Fred the Shred lost billions but let's put Dave in jail, that's a good idea."* When asked if he ever worried about angering the big corporations, the people making millions and billions, he said, *"You can't be scared, you've got to hit it hard every day. I'm frightened of nothing and no one. You've got to have the attitude, if you're doing the right thing, then just keep going. The minute they have the inkling you're scared, then they'll just jump all over you. You cannot let them win." 3*

The Bank on Dave story is so compelling that it's being told across many media platforms: a three-part documentary on YouTube, a biographical drama-comedy starring Rory Kinnear as Dave, which aired on Netflix in 2023 and quickly shot up to number one in the ratings; and dozens of invitations to appear on mainstream and independent news programs. Bank of Dave has grown beyond savings and loans to doing mortgages and going after loansharking and payday loans. Dave is now a multi-millionaire—who will not sell the bank for any price. Not bad for a regular guy whose teachers thought he was *"a bum and a loser"* and who left school at sixteen to carry buckets of cement.

1. youtube.com/watch?v=MRJNUFomIdo&list=PLkzlCr8cHHrZ66DHkaclL7tDLgY4SHpGc&index=6
2. thebureau.news/p/investigative-reports-how-chinese (20:00 min. mark)
3. youtube.com/watch?v=RyOhJh6z5Rc

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"Please world, be kind to one another. We really are just one big earth family. Thank you. I love you. Keep on passing it on." – Shawn Jason

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At Least 55 Undeclared Chemical Elements in COVID-19 Shots

Including Toxic Arsenic, Aluminum, Mercury

By Jon Fleetwood

A study published last week in the *International Journal of Vaccine Theory, Practice, and Research* reveals startling findings: over 55 undeclared chemical elements were detected in COVID-19 injections from AstraZeneca, CanSino, Moderna, Pfizer, Sinopharm, and Sputnik V.

The groundbreaking analysis used Inductively Coupled Plasma Mass Spectrometry (ICP-MS) to uncover a cocktail including toxic elements within these vaccines. Researchers found elements ranging from heavy metals to lanthanides, some of which have known toxic effects on human health.

The study reads: *"Among the undeclared chemical elements were detected 11 of the 15 cytotoxic lanthanides used in electronic devices and optogenetics. In addition, among the undeclared elements were all 11 of the heavy metals: chromium was found in 100% of the samples; arsenic 82%; nickel 59%; cobalt and copper 47%; tin 35%; cadmium, lead and manganese in 18%; and mercury in 6%."*

The study authors highlight the known toxicities of these metals, noting, "all of those metals are associated with toxic effects on human health." The report states that "altogether 62 undeclared chemical elements have been found in the various products" when combining the results of ICP-MS with earlier studies. In all brands, the researchers *"found boron, calcium, titanium, aluminum, arsenic, nickel, chromium, copper, gallium, strontium, niobium, molybdenum, barium and hafnium."*

The study also emphasizes regulatory lapses, saying, *"the regulations for the pharmaceutical industry worldwide are based on GMP (Good Manufacturing Practices), indicating that it is mandatory to declare all the components of the formulas and the corresponding quantities."* According to the authors, the absence of complete ingredient disclosure represents *"a very serious omission at the regulatory level."* The study further claims that after the rollout of the COVID-19 jabs began, *"death rates greatly increased worldwide and did reach into the millions."*

It concludes, *"All of this amounts to a worldwide iatrogenic event—the kind caused by clinicians supposedly trying to make things better—that has already killed 0.213 ± 0.006% of the world's population (1 death per every 470 living people), and all of this has occurred in less than 3 years."*

The presence of these undeclared elements prompts the authors to call for regulatory review and greater transparency from manufacturers. They conclude, *"It is imperative to investigate and determine the components in the COVID-19 vaccines. Because of their 'experimental' status, even the most basic safety protocols have been dangerously circumvented."*

1. curezone.org/upload/_C_Forums/Covid19/At_Least_55_Undeclared_Chemical_Elements_Found_in_Covid19_vaccines.pdf

Originally published at substack.com/@jonfleetwood

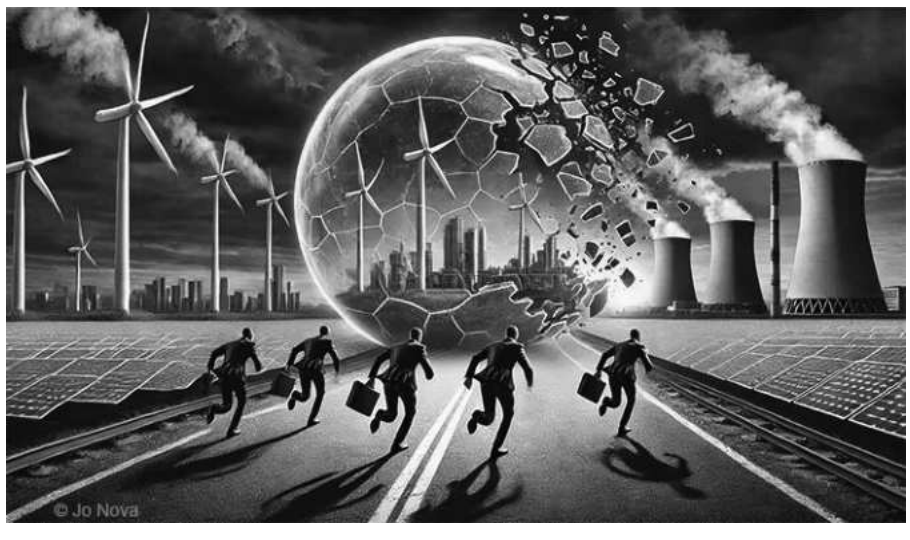
Google and Amazon Ignore Renewables and Buy Nuclear Plants

By Jo Nova

Soon, every tech billionaire will have their own nuclear power plant!

Two weeks ago, it was Microsoft reviving Three Mile Island's nuclear plant. Now Google is buying seven small modular reactors (SMRs), and Amazon is spending $500 million USD on part of a nuclear energy company.

Too bad for the deplorables who get stuck with the expensive wind-solar-battery clunker spaghetti grid forced on them by the arts graduates in Parliament. An AI data centre needs all the same things a human city does—cheap gigawatts, 24 hours a day. The number-nerd men with money have all decided the cheapest reliable answer to running their AI data centre cities while pretending to fix the weather is nuclear power. (Coal, of course, is cheaper, which is why China uses so much, but it's against "the religion"). The unwashed masses won't get that choice, of course, to sign up with whatever generator they want. Only the uber-rich get that kind of luck.



Every one of these tech giants could have poured that money into wind farms and gardens of solar panels, backed up with acres of batteries and ten thousand miles of high voltage towers, pumped hydro, and synchronous condenser flywheels, but none of them want to pour in their own billions anymore, despite the social credit points bonanza and the bragging rights that would bring.

For twenty years, these same people have been pushing the renewable hard sell on us. Now overnight, without so much as a "sorry," they've all flipped, leaving us holding the can of decrepit national grids that can't do what they were designed to do.

Google will build seven SMRs, the first by 2030. Our Prime Minister and the Commonwealth Scientific and Industrial Research Organization (CSIRO) must be feeling hung out to dry. They declared nuclear war the most expensive option and said Australia couldn't even build one before 2040.

According to Al Jazeera, Google has signed a landmark deal to use electricity produced by SMRs to power its artificial intelligence (AI) efforts.1 Under the agreement with startup Kairos Power announced on Monday, the California-based tech giant will back the construction of seven small nuclear reactors capable of generating 500 megawatts of power. The first reactor is scheduled to come online by 2030, with others to follow in the coming years. "The grid needs new electricity sources to support AI technologies that are powering major scientific advances, improving services for businesses and customers, and driving national competitiveness and economic growth," Michael Terrell, the senior director of energy and climate at Google, said in a blog post.

Two days later, in EuroNews, Amazon is investing in US firm X-energy to utilize nuclear reactors to power its data centres.2 Amazon and X-energy are aiming to have more than 5 gigawatts of SMR-generated power operational by 2039. The reactors are currently under development, with none currently providing power to the electric grid in the US. *"Big investors can help change that, and these announcements could be the 'inflection point' that makes scaling up this technology truly possible,"* said Kathryn Huff, a former US assistant secretary for nuclear energy.

Feel the heat! Only weeks ago, these same billionaires were raving about renewable energy, down-ranking and censoring the skeptics. Now, they are doing exactly what we said all along.

1. aljazeera.com/economy/2024/10/15/google-signs-deal-with-startup-to-build-small-nuclear-reactors-to-power-ai
2. euronews.com/business/2024/10/17/amazon-follows-google-in-taking-the-nuclear-option-to-power-data-centres

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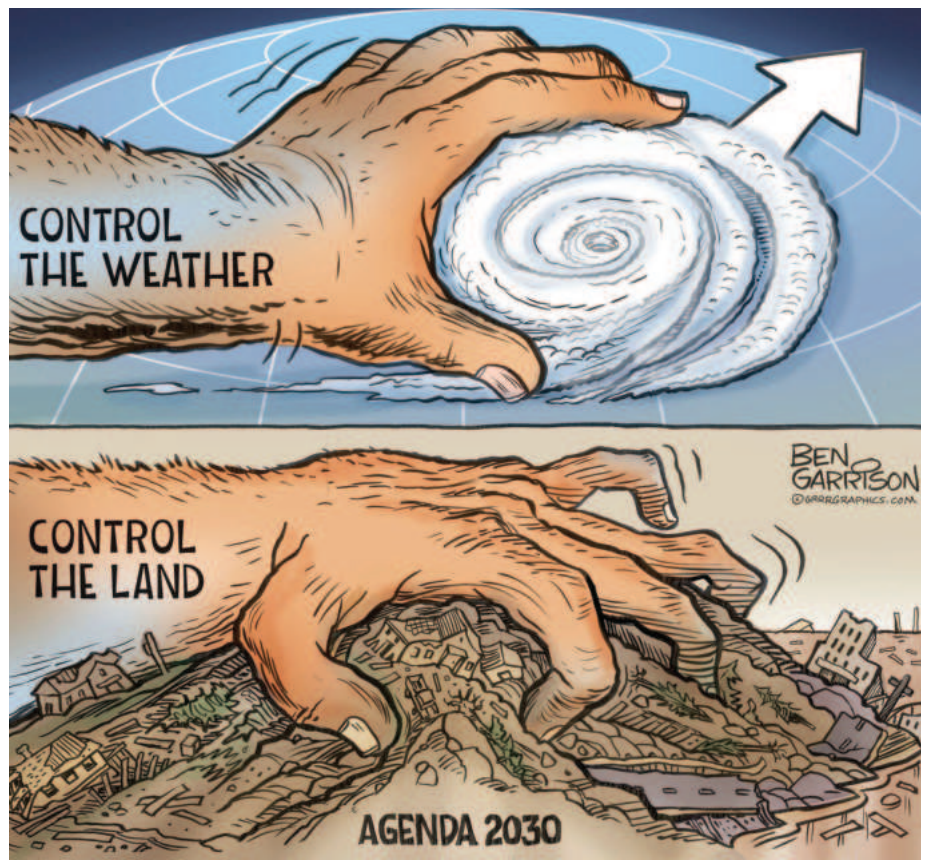
DRUTHERS.CA/NEIGHBOURHOOD

Absurdity Observer

Some Of The Most Absurd Things That Have Happened In Recent Weeks

- **McGill Study finds that pharmaceutical and medical device companies paid over $1.06 billion USD from 2020-2022 to US peer reviewers of four major medical journals.** The McGill study, published by Nguyen et al. in the *Journal of the American Medical Association (JAMA),* found that nearly 60% of the experts who reviewed manuscripts for four prominent medical journals (British Medical Journal, JAMA, The Lancet, and New England Journal of Medicine) received at least one payment from industry during the three-year period. Of that, the median research payment was $153,173, and the median personal payment was $7,614. This included payments for travel, speaking, consulting, and food, among other things.
- **Teachers and staff at an Ontario Catholic school secretly encouraged an 11-year-old girl to transition into a boy without her parent's knowledge.** As reported by the *National Post*, with the help of her teachers, a young Toronto girl came out to her class, changed her pronouns, and masculinized her name, all while the school actively encouraged her to keep this a secret from her parents. When the parents eventually found out and objected to the "gender-affirming" process, the school called the Children's Aid Society.
- **California bans voter ID.** California Governor Gavin Newsom has signed legislation that prevents local governments from requiring voters to present identification at the polls. California is one of 14 states that does not require identification to vote, but earlier this year, the City of Huntington Beach approved a voter ID requirement for municipal elections. The state bill overrides Huntington Beach's policy.
- **Florida's Surgeon General now recommends against the COVID-19 mRNA vaccines for males aged 18-39 years old.** After a Florida Department of Health analysis found **an 84% increase in the relative incidence of cardiac-related death** in that age category within 28 days following mRNA vaccination. The Department continues to stand by its *Guidance for Pediatric COVID-19 Vaccines* issued in March 2022, which recommends against use in healthy children under 17 years old.
- A Freedom of Information Act request (FOIA) for Pfizer's most recent COVID-19 vaccine Post Authorization Safety Study (C4591021 "Interim Report 5" dated March 12, 2024) reveals just how harmful the vaccine is to heart health. **Pfizer's COVID-19 vaccinated cohort was found to have at least 23-40% higher risk of all six heart-related conditions** measured—Acute cardiovascular injury, arrhythmia, heart failure, stress cardiomyopathy, coronary artery disease, and myocarditis.
- An Ontario **man in his 40s has been granted euthanasia through Canada's Medical Assistance in Dying (MAiD) program for "post-COVID-19 vaccination syndrome."** Though not determined to be terminal, the review committee found his condition to be the result of injury from the COVID-19 vaccine and that the injury was "irremediable."
- UK Court convicts man of a 'thoughtcrime.' Adam Smith-Connor, an **army veteran, was convicted for silently praying for his previously aborted son near an abortion clinic.** The court argued that he was breaching a ban on protests within a buffer zone around a clinic in Bournemouth. Reporting on the case, the Alliance Defending Freedom legal advocacy group said the conviction was *"the first known conviction of a 'thought-crime' in modern British history."* The group added that Smith-Connor must now pay £9,000 in legal costs to the prosecution, just for praying in his head for three minutes.
- Following a three-day public hearing filled with critics, **Edmonton City Council has approved the city's long-term vision to create a "15-minute city."** Using plans created by the World Economic Forum (WEF), Edmonton's "15-minute city" is being promoted as a walkable city, but the plan conclusively aims to make traditional ownership, particularly of cars and homes, obsolete, while integrating SMART technologies and big business into city plans.



Artwork by Ben Garrison @ grrrgraphics.com

- **Farmers in Denmark will have to pay a tax to offset emissions made by their farting cows.** Denmark is introducing the world's first emissions tax on agriculture, meaning that dairy farmers in the country will have to pay approximately €90 [$135 CAD] per cow annually because of their cow's farts and burps.
- Despite significant inflation linked to COVID-19 response spending and corporate subsidies, documents uncovered by Blacklock's Reporter reveal that members of Prime Minister Justin **Trudeau's cabinet considered framing Canada's inflation surge as "heat-flation," attributing it to climate change.** The Privy Council Office documents indicate that the idea was ultimately dropped due to negative polling feedback.
- **Ontario College of Psychologists asks renowned Canadian psychologist Jordan Peterson to resign.** Following his legal battle against an order from the College of Psychologists of Ontario to undergo "social media training" after he labelled a gender reassignment surgeon as a criminal, Peterson reports receiving an offer from the college. The College offered to waive the $25,000 court-ordered payment of their legal fees if he agrees to resign from his profession. However, Peterson cannot be bought, saying *"...If I was for sale—and I am not—it would be for a hell of a lot more than the court costs that the Supreme Court deemed me liable for when my appeal was rejected."*
- Imran Ahmed, **CEO of the UK-based Center for Countering Digital Hate (CCDH), was reportedly involved in orchestrating a "black ops" campaign that aimed to undermine Robert F. Kennedy Jr. and take down Elon Musk's .** According to a leaked memo, Ahmed mentioned in a meeting earlier this year—when RFK Jr. was a prominent U.S. presidential candidate—that *"black ops are being set up to look at RFK"* due to concerns about his potential impact on the election. The same leaked document also outlined CCDH's plan to *"kill Musk's Twitter"* by targeting its revenue stream, intending to pressure and shame advertisers into distancing themselves from the platform.
- **A prominent doctor and trans rights advocate admitted she deliberately withheld publication of a $10 million taxpayer-funded study on the effect of puberty blockers on American children—after finding no evidence that they improve patients' mental health.** Dr. Johanna Olson-Kennedy told the New York Times that she believes the study would be *"weaponized"* by critics of transgender care for kids, and that the research could one day be used in court to argue *"we shouldn't use blockers."* Critics—including one of Olson-Kennedy's fellow researchers on the study—said the decision flies in the face of research standards and deprives the public of essential science in a field where experts remain firmly divided.
- FOIA requests by Informed Consent Action Network (ICAN) found that **Facebook dictated content for the CDC's own website.** *"The benefits of vaccines are much greater than the risks associated with them. Vaccines can protect you, your family, and your community by preventing the spread of serious illnesses"* is the quote that Facebook asked the CDC to put on their website so that Facebook could "quote" the CDC when addressing vaccine "misinformation."
- A recent study published in the *Journal of Public Health and Emergency* (Chaufan et al.) found that a **whopping 75% of vaccinated healthcare workers identified employer mandates as their main reason for receiving the COVID-19 vaccine. Notably, only 22% of vaccinated respondents reported experiencing no adverse effects.**
- **A new study found that common skin care products used by young children may increase their exposure to a hormone-disrupting chemical.** The study *(Bloom et al.)* found phthalates, a common chemical added to skin-care products to improve absorption, in the urinalysis of children who recently used child-friendly skin care products (like sunscreen).
- **MIT study suggests that laws are written in an incomprehensible type of legalese to convey a sense of authority.** The study, published by PNAS (Martínez et al.), found that, after scanning an assortment of documents, even non-lawyers use this complicated style of legalese (legalese with "center-embedding") when asked to write laws. Additionally, lawyers have a greater preference for simple English when not writing laws

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